



# Adult and elder care you can count on.

## Back-up care is the adult and elder care support you can feel good about.

Whether mom needs temporary help after a hospital stay or your father-in-law's regular caregiver called in sick, back-up care for adults and elders answers the call, getting you to work with the confidence of a provider you can trust.

Adult/elder care provides University of Virginia's faculty and staff with in-home back-up care for up to 10 days/eligible employee per calendar year at a copayment of \$30 for a full day or \$15 for a half day.

Use the *Back-Up Care Advantage Program*® when:

- Your adult or elder relative needs care at home after a surgery or illness
- You are transitioning between care arrangements for your adult/elder relative
- A regular caregiver calls in sick

**Family Care. Solved.**

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## Register Now. Avoid Worry Later.

Online

<http://backup.brighthouse.com>

User name: UVA

Password: backup8

Or call

877-BH-CARES (242-2737)



A Family Care Web Resource

[www.brighthouse.com/brightconnections](http://www.brighthouse.com/brightconnections)