



## Presentations and Workshops

*To help you choose*

**Benefits Open Enrollment for plan year 2024 occurs October 2 – 13, 2023.** Make sure to review and confirm your benefits early and print out or save as a PDF a confirmation of your benefits when you're done. It's not too early to review your benefits now and learn what's new.

Since the Open Enrollment window is only two weeks, we are providing you with all the information you need to decide prior to Open Enrollment opening so you can carefully consider options, ask questions, and enroll early. DON'T wait until the short window opens to do it all. You have plenty of resources available now. To make the Open Enrollment experience as convenient for you as possible, the Open Enrollment events will have both in-person and virtual offerings.

The [Open Enrollment](#) webpages are open, and this email gives important dates and explains how the Open Enrollment presentations will work this year.

## Open Enrollment Benefits Presentations

*Learn about benefits changes*

Open Enrollment benefits presentations begin Sep. 18 and are both in person and hosted virtually with Zoom; attend whichever session best fits your schedule. Each will contain the same content except for the live Q&A at the end of the sessions and will include an overview of the Open Enrollment process, changes to your benefits, resources, premiums, maximizing well-being, and key dates. **Register below for a virtual presentation or attend the live presentation on October 4 during the Benefits & Well-Being Expo at Newcomb Hall:**

- **Sep. 21** (Thursday): [Register for 10:00 – 11:00 am webinar](#) (Virtual)
- **Sep. 26** (Tuesday): [Register for 3:00 – 4:00 pm webinar](#) (Virtual)

- **Sep. 29** (Friday): [Register for 12:00 – 1:00 pm webinar](#) (Virtual)
- **Oct. 4** (Wednesday): In person at 10:00 am at the Benefits & Well-Being Expo, Newcomb Hall, 3rd Floor, South Meeting Room, and live streamed on the [Expo](#) webpage

Not able to attend? One live presentation will be recorded and available for you to listen to anytime on the [Presentations 2024](#) webpage. Check back after September 20 for the link.

## Open Enrollment Town Hall October 4, 12-1:30 pm

*Extend your benefits knowledge beyond Open Enrollment*

A virtual Open Enrollment Town Hall will provide additional information beyond the Open Enrollment Zoom presentations:

- Presentations and Q&A sessions with FEAP, Hoos Well, Fidelity, and UVA HR Benefits and Leave teams
- Q&A session at the end; prepare your questions in advance and upload them when you log in
- Live streamed on the [Expo](#) webpage; no need to register

## Financial Well-Being Webinars and Retirement Planning Workshop

*Extend your benefits knowledge beyond Open Enrollment*

Improve your financial and retirement fitness by attending a live webinar or workshop, presented by HR and Hoos Well partners Fidelity, TIAA, and Virginia529. Choose from topics that includes all areas of spending, saving, planning, investing, and planning for retirement.

### **September 27 (Wednesday) - Saving for Education with Invest529**

Saving for future education expenses for a child, a grandchild – or even yourself – can seem overwhelming. In this webinar, you'll learn how a Virginia529 account can help you save for tuition and other costs, take advantage of tax-free earnings, and meet your savings goals. Presented by Virginia 529.

- [Register for 12:00 pm webinar](#)
- [Register for 7:00 pm webinar](#)

### **October 4 (Wednesday) - Designing Your Retirement: The Non-Financial Aspects of Retirement Planning**

Have you envisioned your day-to-day life in retirement yet? This hands-on workshop addresses the non-financial aspects of retirement. How will you spend your time, doing what, with whom, etc.? We'll help you create an action plan so you feel empowered to

design your life in retirement, regardless of when that might be.

- No registration required
- Newcomb Hall, 3rd Floor, South Meeting Room, 2:00 pm
- In person only

### **October 11 (Wednesday) - Managing My Money**

Identify the three core components of a sound budget, begin to build (or rebuild) your emergency savings fund, and get control over prioritizing your debt. Presented by Fidelity.

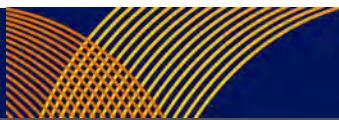
- [Register for 2:00 pm webinar](#)
- [Register for 8:00 pm webinar](#)

## **We Hear You. How Can We Help?**

After reviewing materials and resources on the Open Enrollment website, if you would like additional 1:1 personalized assistance, there are several options to receive support:

- **In Person:**
  - Drop by the HR building (2420 Old Ivy Rd.) anytime between 8 am and 5 pm for personalized assistance on Oct. 2-3, 9-10.
  - Drop by the Dining Conference Rooms within the University Medical Center anytime between 8 am and 5 pm for personalized assistance on Oct. 11.
- **Virtual:**
  - Email [AskHR@virginia.edu](mailto:AskHR@virginia.edu) or call 434.243.3344 to schedule a Zoom appointment to review more complex Open Enrollment questions with an HR professional. HR will accommodate as many appointments as possible through Wednesday, October 12.
  - Click on the “Hi, I’m your Virtual Assistant” button at the bottom of every Open Enrollment webpage for 24/7/365 virtual assistance. If you don’t find what you’re looking for with the HR Virtual Assistant, you can request a live chat with HR from the Virtual Assistant menu during regular work hours, or if all live agents are busy, request an agent via email.
- **Multi-Lingual:** All pages are now translatable to 100+ languages using the Google Translate option in the footer of every page.

***We are here to help you!***



[www.hr.virginia.edu](http://www.hr.virginia.edu)  
434.243.3344

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