



2024 OPEN ENROLLMENT

Benefits and Well-Being Expo

Join us in person or virtually

Open Enrollment opens next week in Workday and is October 2 – 13, 2023.

The Benefits and Well-Being Expos begin this week at College at Wise, and continue next week at UVA's Newcomb Hall and UVA Health's University Medical Center. Meet with benefits counselors, financial planners, and retirement vendors to get your questions answered. This event helps get all of the information you need to make your benefits elections for 2024 during Open Enrollment:

- Learn more about well-being programs and reward opportunities
- Come prepared with a list of questions to ask
- Attend live sessions on important health and benefits topics
- Flu shots available (bring insurance card)

EXPO DATES:

- **Sep. 27**, 1:00 pm - 5:00 pm: UVA Wise, Chapel of All Faiths
- **Sep. 28**, 8:00 am - 12:00 pm: UVA Wise, Chapel of All Faiths
- **Oct. 4**, 8:30 am - 2:00 pm: UVA Newcomb Hall, 3rd Floor
 - 10:00 - 11:00 am: Benefits presentation in person and live streamed on the [Expo 2024](#) webpage
 - 12:00 - 1:30 pm - Open Enrollment Town Hall live streamed on the [Expo 2024](#) webpage
 - 2:00 - 3:00 pm - Designing Your Retirement: The Non-Financial Aspects of Retirement Planning (in person only)
- **Oct. 5**, 7:00 am - 3:00 pm: UVA Health System, Education Resource Center
- **Oct. 10**, 10:30 pm - 1:30 am: NEW! Night Shift Expo, Dining Conference Rooms within the University Medical Center

Visit the [Benefits and Wellness Expos](#) webpage for a full list of presentations, exhibitors, free screenings, and more! Can't attend the information sessions on Oct. 4? Access the livestream presentations or watch the recorded videos later on the webpage.

Because the University of Virginia cares about your well-being, **Hoos Well** – the University’s award-winning comprehensive employee well-being program – offers a variety of resources to help you make healthy lifestyle choices and thrive.

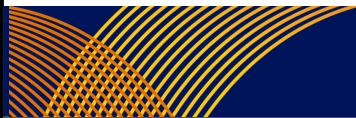
- In the [Hoos Well portal](#), employees and spouses covered by the UVA Health Plan can earn up to \$500 in financial incentives when they complete activities within four domains (physical, emotional, financial, social) of well-being.
- Earn your Hoos Well rewards by November 30, 2023.

We Hear You. How Can We Help?

After reviewing materials and resources on the Open Enrollment website, if you would like additional 1:1 personalized assistance, there are several options to receive support:

- **In Person:**
 - Drop by the HR building (2420 Old Ivy Rd.) anytime between 8 am and 5 pm for personalized assistance on Oct. 2-3, 9-10.
 - Drop by the Dining Conference Rooms within the University Medical Center anytime between 8 am and 5 pm for personalized assistance on Oct. 11.
- **Virtual:**
 - Email AskHR@virginia.edu or call 434.243.3344 to schedule a Zoom appointment to review more complex Open Enrollment questions with an HR professional. HR will accommodate as many appointments as possible through Wednesday, October 12.
 - Click on the “Hi, I’m your Virtual Assistant” button at the bottom of every Open Enrollment webpage for 24/7/365 virtual assistance. If you don’t find what you’re looking for with the HR Virtual Assistant, you can request a live chat with HR from the Virtual Assistant menu during regular work hours, or if all live agents are busy, request an agent via email.
- **Multi-Lingual:** All pages are now translatable to 100+ languages using the Google Translate option in the footer of every page.

We are here to help you!



www.hr.virginia.edu
434.243.3344

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