

# Open Enrollment 2025

[hr.virginia.edu/oe2025](http://hr.virginia.edu/oe2025)

## Presentations to Help You Choose

**Benefits Open Enrollment for plan year 2025 occurs October 7 – 18, 2024.** Make sure to review and confirm your benefits early and print out or save as a PDF a confirmation of your benefits when you're done. It's not too early to review your benefits now and learn what's new.

Since the Open Enrollment window is only two weeks, we are providing you with all the information you need to help you prepare for Open Enrollment early. DON'T wait until the short window opens. We have plenty of resources to help you right now. To make the Open Enrollment experience as convenient as possible, the Open Enrollment events will be both in-person and virtual.

The [Open Enrollment website](#) is live, and this email gives important dates and information on the Open Enrollment presentations.

## Open Enrollment Benefits Presentations

*Learn about benefits changes*

Open Enrollment benefits presentations begin TODAY, Sep. 24, and are hosted virtually with Zoom; attend whichever session best fits your schedule. Each will contain the same content, except for the live Q&A sessions at the end. This content includes an overview of the Open Enrollment process, changes to your benefits, available resources, premium information, tips for maximizing well-being, and important dates.

**Register below for a virtual presentation:**

- **Sep. 24** (Tuesday): [Register for 3:00 – 4:00 pm webinar](#) (Virtual)
- **Sep. 26** (Thursday): [Register for 12:00 – 1:00 pm webinar](#) (Virtual)

Not able to attend? One live presentation will be recorded and available for you to listen to anytime on the [Presentations 2025](#) webpage. Check back after September 24 for the link.

# Open Enrollment Town Hall October 2, 12-1:30 pm

*Be a part of a healthy and connected UVA community*

A virtual Open Enrollment Town Hall will provide additional information beyond the Open Enrollment Zoom presentations:

- Presentations and Q&A sessions with the Hoos Well well-being team, UVA Faculty and Employee Assistance Program (FEAP), HR Benefits team, Fidelity, TIAA, and Savi
- Prepare your questions for the Q&A session at the end in advance and upload them when you log in

[Register for the Open Enrollment Town Hall](#)

## Financial Well-Being Webinars

*Build your financial health and knowledge*

Improve your financial and retirement fitness by attending a live webinar with Q&A, presented by HR and Hoos Well partners Fidelity, TIAA, and Virginia529. See more details about the webinars on the [Presentations webpage](#).

### Oct. 9: Exploring the Benefits of an HSA

- [Register for 10:00 a.m. webinar](#)
- [Register for 8:00 p.m. webinar](#)

### October 10: Paycheck for Life

- [Register for 10:00 a.m. or 3:00 p.m. webinar](#)

## We Hear You. How Can We Help?

After reviewing materials and resources on the Open Enrollment website, if you would like additional 1:1 personalized assistance, there are several options to receive support:

- **In Person:**
  - Drop by the HR building (2420 Old Ivy Rd.), Rm. 133 anytime between 8 a.m. and 5 p.m. for personalized assistance on Oct. 11, 14, and the HR building (2420 Old Ivy Rd.), third floor between 11 a.m. and 5 p.m. on Oct. 17.
  - Drop by the Dining Conference Rooms within the University Medical Center anytime between 7 a.m. and 3 p.m. for personalized assistance on Oct. 16.
- **Virtual:**
  - Email [AskHR@virginia.edu](mailto:AskHR@virginia.edu) or call 434.243.3344 to schedule a Zoom

appointment to review more complex Open Enrollment questions with an HR professional. HR will accommodate as many appointments as possible through Wednesday, October 16.

- Click on the “Hi, I’m your Virtual Assistant” button at the bottom of every Open Enrollment webpage for 24/7/365 virtual assistance. If you don’t find what you’re looking for with the HR Virtual Assistant, you can request a live chat with HR from the Virtual Assistant menu during regular work hours, or if all live agents are busy, request an agent via email.
- **Multi-Lingual:**
  - Aetna’s A1A service offers live interpreters in multiple languages. Call 800.987.9072 and say “translator” or “interpreter.”
  - All pages are now translatable to 100+ languages using the Google Translate option in the footer of every page.

***We are here to help you!***



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