

Open Enrollment 2025

hr.virginia.edu/oe2025



Benefits and Well-Being Expo

Join us in person or virtually

SAVE THE EXPO DATES!

- **Oct. 9**, 8:30 a.m. - 2 p.m.
 - UVA Newcomb Hall, 3rd Floor
- **Oct. 10**, 7 a.m. - 3 p.m.
 - UVA Health University Medical Center, Education Resource Center
- **Oct. 15**, 10:30 p.m. - 1 a.m.
 - Night Shift Expo, University Medical Center Cafeteria

Join UVA's Benefits and Well-Being team for a one-stop-shop exposition of all your benefits options at UVA. Connect with benefits counselors, financial planners, and retirement vendors to get your questions answered. Meet benefits and well-being partners and learn more about wellness programs and reward opportunities. Don't forget to get your flu shot!

Because the University of Virginia cares about your well-being, **Hoos Well** – the University's award-winning comprehensive employee wellness program – offers a variety of resources to help you make healthy lifestyle choices and thrive. Through the [Hoos Well portal](#), employees and spouses covered by the UVA Health Plan can earn up to \$500 in financial incentives when they complete activities within four domains (physical, emotional, social, financial) of well-being.

We Hear You. How Can We Help?

After reviewing materials and resources on the [Open Enrollment website](#), if you would like additional 1:1 personalized assistance, there are several options to receive support:

- **In Person:**
 - Drop by the HR building (2420 Old Ivy Rd.) anytime between 8 a.m. and 5 p.m. for personalized assistance on Oct. 11 and 14, and the HR building (2420 Old Ivy Rd.), third floor between 11 a.m. and 5 p.m. on Oct. 17.

- Drop by the Dining Conference Rooms within the University Medical Center anytime between 7 a.m. and 3 p.m. for personalized assistance on Oct. 16.
- **Virtual:**
 - Email AskHR@virginia.edu or call 434.243.3344 to schedule a Zoom appointment to review more complex Open Enrollment questions with an HR professional. HR will accommodate as many appointments as possible through Wednesday, October 16.
 - Click on the “Hi, I’m your Virtual Assistant” button at the bottom of every Open Enrollment webpage for 24/7/365 virtual assistance. If you don’t find what you’re looking for with the HR Virtual Assistant, you can request a live chat with HR from the Virtual Assistant menu during regular work hours, or if all live agents are busy, request an agent via email.
- **Multi-Lingual:**
 - Aetna’s A1A service o_ers live interpreters in multiple languages. Call 800.987.9072 and say “translator” or “interpreter.”
 - All pages are now translatable to 100+ languages using the Google Translate option in the footer of every page.

We are here to help you!



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