

aetna UVA J VISA HEALTH PLAN : Open Choice® - UVA J Visa Health Plan

Coverage for: Individual + Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.HealthReformPlanSBC.com or by calling 1-800-231-7729. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-800-231-7729 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Preferred U.S. Benefits: Individual \$500 / Family \$1,000. Non-Preferred U.S. Benefits: Individual \$500 / Family \$1,000. Outside the U.S.: Individual \$500 / Family \$1,000.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. In- <u>network</u> office visits, <u>prescription drugs</u> & <u>preventive care</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Preferred U.S. Benefits: Individual \$5,500 / Family \$11,000. Non-Preferred U.S. Benefits: Individual \$5,500 / Family \$11,000. Outside the U.S.: Individual \$5,500 / Family \$11,000.	The <u>out–of–pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out–of–pocket limits</u> until the overall family <u>out–of–pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	<u>Premium</u> s, <u>balance-billing</u> charges & health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out–of–pocket limit</u> .
Will you pay less if you use a network provider?	Yes. See www.aetna.com/docfind or call 1-800-231-7729 for a list of Preferred Benefits providers.	You pay the least if you use a <u>provider</u> in Preferred U.S. Benefit <u>Provider</u> . You pay more if you use a <u>provider</u> in Non-Preferred U.S. Benefit <u>Provider</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Preferred U.S. Benefit Provider (You will pay the least)	Non-Preferred U.S. Benefit Provider (You will pay more)	Outside the U.S. Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care <u>provider</u> 's office or clinic	Primary care visit to treat an injury or illness	\$30 <u>copay</u> /visit, <u>deductible</u> doesn't apply	Not covered	20% coinsurance	None
	Specialist visit	\$50 <u>copay</u> /visit, <u>deductible</u> doesn't apply	Not covered	20% coinsurance	None
	Preventive care /screening /immunization	No charge	Not covered	20% coinsurance	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	Not covered	20% coinsurance	None
ii you nave a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	Not covered	20% coinsurance	None
If you need drugs to treat your illness or condition	drugs r Generic drugs Co dec app day	Copay/prescription, deductible doesn't apply: \$20 for 30 day supply (retail & mail order)	Not covered	20% <u>coinsurance</u> (retail)	Covers 30 day supply (retail), 31-90 day supply (retail at Extended Day Supply Network Pharmacy & mail order). Includes contraceptive drugs & devices obtainable from a pharmacy. No charge for preferred generic FDA-approved women's contraceptives in-network. Your cost will be higher for choosing Brand over Generics. Review your Aetna Extended Day Supply Network provider directory for a list of network providers.
More information about prescription drug coverage is available at www.aetnapharmac y.com/advancedcon trol	Preferred brand drugs	Copay/prescription, deductible doesn't apply: \$40 for 30 day supply (retail & mail order)	Not covered	20% <u>coinsurance</u> (retail)	
	Non-preferred brand drugs	Copay/prescription, deductible doesn't apply: \$70 for 30 day supply (retail & mail order)	Not covered	20% <u>coinsurance</u> (retail)	

Common Medical Event	Services You May Need	Preferred U.S. Benefit Provider (You will pay the	What You Will Pay Non-Preferred U.S. Benefit Provider (You will pay	Outside the U.S. Provider (You will pay the	Limitations, Exceptions, & Other Important Information
	Specialty drugs	Applicable cost as noted above for generic or brand drugs	more) Not covered	most) 20% <u>coinsurance</u>	Covers 30 day supply. All prescriptions must be filled through the UVA Specialty Pharmacy or Aetna Specialty Pharmacy Network. Precertification required for coverage.
If you have	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	Not covered	20% coinsurance	None
outpatient surgery	Physician/surgeon fees	20% coinsurance	Not covered	20% coinsurance	None
If you need immediate medical attention	Emergency room care	25% coinsurance	25% <u>coinsurance</u>	25% coinsurance	Out-of-network emergency use paid the same as in-network. 50% coinsurance in-network & not covered out-of-network for non-emergency use.
	Emergency medical transportation	20% <u>coinsurance</u>	20% <u>coinsurance</u>	20% <u>coinsurance</u>	Out-of- <u>network</u> emergency use paid the same as in- <u>network</u> . Non-emergency transport: not covered, except if pre-authorized for preferred and outside the U.S.
	<u>Urgent care</u>	20% coinsurance	Not covered	20% <u>coinsurance</u>	50% <u>coinsurance</u> for non- <u>urgent care</u> , except 20% <u>coinsurance</u> outside the U.S.
If you have a	Facility fee (e.g., hospital room)	20% coinsurance	Not covered	20% coinsurance	None
hospital stay	Physician/surgeon fees	20% coinsurance	Not covered	20% coinsurance	None
If you need mental health, behavioral health, or substance abuse	Outpatient services	Office: \$50 copay/ visit, deductible doesn't apply; other outpatient services: 20% coinsurance	Not covered	Office & other outpatient services: 20% coinsurance	None
services	Inpatient services	20% coinsurance	Not covered	20% coinsurance	None
If you are pregnant	Office visits Childbirth/delivery professional services	No charge 20% <u>coinsurance</u>	Not covered Not covered	20% <u>coinsurance</u> 20% <u>coinsurance</u>	Cost sharing does not apply for preventive services. Maternity care may include tests and services

Common Medical Event	Services You May Need	Preferred U.S. Benefit Provider (You will pay the least)	What You Will Pay Non-Preferred U.S. Benefit Provider (You will pay more)	Outside the U.S. Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Childbirth/delivery facility services	20% coinsurance	Not covered	20% coinsurance	described elsewhere in the SBC (i.e., ultrasound).
	Home health care	20% coinsurance	Not covered	20% coinsurance	120 visits/calendar year combined with private-duty nursing.
If you need help recovering or have	Rehabilitation services	20% <u>coinsurance</u>	Not covered	20% <u>coinsurance</u>	60 visits/calendar year for Physical, Occupational & Speech Therapy combined, including outpatient hospital services.
other special	Habilitation services	20% coinsurance	Not covered	20% coinsurance	None
health needs	Skilled nursing care	20% coinsurance	Not covered	20% coinsurance	120 days/calendar year.
	Durable medical equipment	20% coinsurance	Not covered	20% <u>coinsurance</u>	Limited to 1 <u>durable medical</u> <u>equipment</u> for same/similar purpose. Excludes repairs for misuse/abuse.
	Hospice services	20% coinsurance	Not covered	20% coinsurance	30 days/lifetime for inpatient.
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	Not covered	Not covered.
	Children's glasses	Not covered	Not covered	Not covered	Not covered.
dental of cyc dale	Children's dental check-up	Not covered	Not covered	Not covered	Not covered.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Acupuncture

• Dental care (Adult & Child)

Routine eye care (Adult & Child)Routine foot care

Bariatric surgeryCosmetic surgery

Glasses (Child)Long-term care

Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Chiropractic care
- Hearing aids 1 hearing aid up to \$1,000 maximum per ear/3 years.
- Infertility treatment Limited to the diagnosis & treatment of underlying medical condition, including artificial insemination.
- Non-emergency care when traveling outside the U.S. - Most coverage provided outside of United States. See www.aetnainternational.com

Private-duty nursing - Included as part of home health care.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- For more information on your rights to continue coverage, contact the <u>plan</u> at 1-800-231-7729.
- If your group health coverage is subject to ERISA, you may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or http://www.dol/gov/ebsa/healthreform
- For non-federal governmental group health <u>plans</u>, you may also contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov.
- If your coverage is a church <u>plan</u>, church <u>plans</u> are not covered by the Federal COBRA continuation coverage rules. If the coverage is insured, individuals should contact their State insurance regulator regarding their possible rights to continuation coverage under State law.

Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your plan documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- If your group health coverage is subject to ERISA, you may contact Aetna directly by calling the toll-free number on your Medical ID Card, or by calling our general number at 1-800-231-7729. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or http://www.dol/gov/ebsa/healthreform
- For non-federal governmental group health <u>plans</u>, you may also contact the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>.
- Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact information is at: http://www.aetna.com/individuals-families-health-insurance/rights-resources/complaints-grievances-appeals/index.html.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this plan might cover costs for a sample medical situation, see the next section

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	
<u>Cost Sharing</u>	
<u>Deductibles</u>	\$500
<u>Copayments</u>	\$10
Coinsurance	\$2,200
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$2,770

Managing Joe's Type 2 Diabetes a year of routine in-network care of a well-

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$500
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

<u>Primary care provider</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Diabetic supplies (glucose meter)

\$5,600
\$100
\$1,400
\$0
\$20
\$1,520

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$500	
<u>Copayments</u>	\$100	
<u>Coinsurance</u>	\$400	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,000	

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: 1-800-231-7729.

Assistive Technology

Persons using assistive technology may not be able to fully access the following information. For assistance, please call 1-800-231-7729.

Smartphone or Tablet

To view documents from your smartphone or tablet, the free WinZip app is required. It may be available from your App Store.

TTY: <u>711</u>

English - To access language services at no cost to you, call 1-800-231-7729.

Amharic - የቋንቋ አንልግሎቶችን ያለክፍያ ለማግኘት፣ በ 1-800-231-7729 ይደውሉ።.

للحصول على الخدمات اللغوية دون أي تكلفة، الرجاء االتصال على الرقم 7729-231-800 اللغوية دون أي تكلفة، الرجاء االتصال على الرقم 1-800-231-7729

Armenian - Անվձար լեզվական ծառայություններից օգտվելու համար զանգահարեք 1-800-231-7729 հեռախոսահամարով։

Carolinian ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye 1-800-231-7729.

(Kapasal Falawasch) -

Chamorro - Para un hago' i setbision lengguåhi ni dibåtde para hågu, ågang 1-800-231-7729.

Chinese Traditional - 如欲使用免費語言服務, 請致電 1-800-231-7729.

Cushitic-Oromo Tajaajiiloota afaanii garuu bilisaa ati argaachuuf,bilbili 1-800-231-7729.

French - Afin d'accéder aux services langagiers sans frais, composez le 1-800-231-7729.

French Creole (Haitian)- Pou jwenn sèvis lang gratis, rele 1-800-231-7729.

German - Um auf für Sie kostenlose Sprachdienstleistungen zuzugreifen, rufen Sie 1-800-231-7729 an.

Greek - Για να επικοινωνήσετε χωρίς χρέωση με το κέντρο υποστήριξης πελατών στη γλώσσα σας, τηλεφωνήστε στον αριθμό

1-800-231-7729.

Gujarati - તમારેકોઇ જાતના ખર્યવિના ભાષાની સે વિના ઓની પહોેર માટે, કોલ કરોr 1-800-231-7729.

Hindi - आपकेलिए बिना ककसी कीमत केभाषा सेवाओंका उपयोग करनेकेलिए, 1-800-231-7729 पर कॉल करें।.

Hmong - Xav tau kev pab txhais lus tsis muaj nqi them rau koj, hu 1-800-231-7729.

Italian - Per accedere ai servizi linguistici, senza alcun costo per lei, chiami il numero 1-800-231-7729.

Japanese - 言語サービスを無料でご利用いただくには、1-800-231-7729 までお電話ください。

Karen - လာတါကမၤနှါကိုြာအတါမၢစာၤအတါဖီးတါမၤတဖာ့်လာတအိုာ်ဒီးအပူးလာကဘာ့်ဟာ့ာ်အီးအင်္ဂါဘာ့်နှာ့် ကိုး 1-800-231-7729 တက္၍.

Korean - 무료 언어 서비스를 이용하려면 1-800-231-7729 번으로 전화해 주십시오.

Laotian - ເພື່ອເຂົ້າໃຊ້ການບໍລິການພາສາໂດຍບໍ່ເສຍຄ່າຕໍ່ກັບທ່ານ, ໃຫ້ໂທຫາເບີ 1-800-231-7729.

Mon-Khmer, ដើម្បីទទួលបានសេវាកម្មភាសាដែលឥតគិតថ្លៃសម្រាប់លោកអ្នក សូមហៅទូរស័ព្ទទៅកាន់លេខ 1-800-231-7729 ។

Cambodian -

Navajo - T'áá ni nizaad k'ehjí bee níká a'doowoł doo bááh ílínígóó kojj' hólne' 1-800-231-7729.

Pennsylvania Dutch - Um Schprooch Services zu griege mitaus Koscht, ruff 1-800-231-7729.

برای دسترسی به خدمات زبان به طور رایگان، با شماره 7729-231-800 تماس بگیرید . Persian-Farsi -

Polish - Aby uzyskać dostęp do bezpłatnych usług językowych proszę zadzwonoć 1-800-231-7729.

Portuguese - Para acessar os serviços de idiomas sem custo para você, ligue para 1-800-231-7729.

Punjabi - ਤੁਹਾਡੇ ਲਈ ਬਿਨਾਂ ਕਿਸੇ ਕੀਮਤ ਵਾਲੀਆਂ ਭਾਸ਼ਾ ਸੇਵਾਵਾਂ ਦੀ ਵਰਤੋਂ ਕਰਨ ਲਈ, 1-800-231-7729 'ਤੇ ਫ਼ੋਨ ਕਰੋ।.

Russian - Для того чтобы бесплатно получить помощь переводчика, позвоните по телефону 1-800-231-7729.

Samoan - Mo le mauaina o auaunaga tau gagana e aunoa ma se totogi, vala'au le 1-800-231-7729.

Serbo-Croatian - Za besplatne prevodilačke usluge pozovite 1-800-231-7729.

Spanish - Para acceder a los servicios de idiomas sin costo, llame al 1-800-231-7729.

Syriac-Assyrian - : معبقه ، مرتك مخليه ، منه المرتك منه المرتك منه المرتك المر

Tagalog - Para ma-access ang mga serbisyo sa wika nang wala kayong babayaran, tumawag sa 1-800-231-7729.

Thai - หากท่านต้องการเข้าถึงการบริการทางด้านภาษาโดยไม่มีค่าใช้จ่าย โปรดโทร 1-800-231-7729.

Ukrainian - Щоб отримати безкоштовний доступ до мовних послуг, задзвоніть за номером 1-800-231-7729.

Vietnamese - Nếu quý vị muốn sử dụng miễn phí các dịch vụ ngôn ngữ, hãy gọi tới số 1-800-231-7729.