



Open Enrollment 2026

hr.virginia.edu/oe2026



Benefits & Well-Being Expo

Join us in person or virtually

SAVE THE DATE:

- **Oct. 1**, 8 a.m. - 4 p.m.: College at Wise, Chapel of All Faiths
- **Oct. 7**, 7 a.m. - 3 p.m.: UVA Health University Medical Center, Education Resource Center
- **Oct. 8**, 8:30 a.m. - 2 p.m.: UVA Newcomb Hall, 3rd Floor
- **Oct. 9**, 10:30 p.m. - 1:30 a.m.: Night Shift Expo, University Medical Center Cafeteria

Join UVA's Benefits and Well-Being team for a one-stop-shop exposition of all your benefits options at UVA. Connect with benefits counselors, financial planners, and retirement vendors to get your questions answered. Meet benefits and well-being partners and learn more about wellness programs and reward opportunities.

Because the University of Virginia cares about your well-being, Hoos Well – the University's award-winning comprehensive employee wellness program – offers a variety of resources to help you make healthy lifestyle choices and thrive. Through the [Hoos Well portal](#), employees and spouses covered by the UVA Health Plan can earn up to \$500 in financial incentives when they complete activities within four domains (physical, emotional, social, financial) of well-being.

Expo Presentations and Town Hall

October 8, 9:30 a.m. - 2:45 p.m.

In person and livestreamed presentations by Fidelity, JABA, and TIAA dig into the details of your retirement benefits. The Open Enrollment Town Hall will provide additional information beyond the HR benefits presentations to help you make meaningful lifestyle choices and thrive in every area of life at UVA:

- **Location:** Newcomb Hall, 3rd Floor, South Meeting Room
- **Schedule:**
 - 9:30 a.m. - Fidelity
 - 10:45 a.m. - TIAA
 - 12:00 noon - Town Hall
 - 1:45 p.m. - JABA
- **The Town Hall** will include presentations and Q&A with the Hoos Well well-being team, UVA Faculty and Employee Assistance Program (FEAP), HR Benefits team, Fidelity and TIAA.
 - Prepare your questions for the Q & A session in advance and upload them when you log in.
- **All Expo presentations and Town Hall are live-streamed** on the [Expo webpage](#); no need to register!

We Hear You. How Can We Help?

After reviewing materials and resources on the Open Enrollment website, if you would like additional 1:1 personalized assistance, there are several options to receive support:

- **In Person:**

- **Oct. 1:** Drop by UVA's Fairfax Campus anytime between 10 a.m. and 4 p.m. for personalized assistance. (8095 Innovation Park Dr., Bldg. C. Check in with Front Desk)
- **Oct. 6, 9, and 13:** Drop by Old Ivy Hall (2420 Old Ivy Rd. in Charlottesville) anytime between 8 a.m. and 5 p.m. for personalized assistance (3rd floor, Collab Space E).
- **Oct. 15:** Drop by the Dining Conference Rooms within the University Medical Center anytime between 8 a.m. and 5 p.m. for personalized assistance.

- **Virtual:**

- Email AskHR@virginia.edu or call 434.243.3344 to schedule a ZOOM appointment to review more complex Open Enrollment questions with an HR professional. HR will accommodate as many appointments as possible through Tuesday, **Oct. 14**.

- **Multi-Lingual:**

- Aetna's A1A service offers live interpreters in multiple languages. Call 800.987.9072 and say "translator" or "interpreter."
- All pages are now translatable to 100+ languages using the Google Translate option in the footer of every page.

We are here to help you!

Stay in Touch on Social Media

Follow our social media channels for up-to-date information on Open Enrollment:

[UVA HR Twitter](#)
[Hoos Well Twitter](#)
[Hoos Well Facebook](#)
[Hoos Well Instagram](#)

