



Events and Presentations

To help you choose

Benefits Open Enrollment for plan year 2023 occurs October 3 – 14, 2022. Make sure to review and confirm your benefits early and print out or save as a PDF a confirmation of your benefits when you're done. It's not too early to review your benefits now and learn what's new.

Since the Open Enrollment window is only two weeks, we are providing you with all the information you need to decide prior to Open Enrollment opening so you can carefully consider options, ask questions, and enroll early. DON'T wait until the short window opens to do it all. You have plenty of resources available now. To make the Open Enrollment experience as convenient for you as possible, the Open Enrollment events will have both in-person and virtual offerings.

The [Open Enrollment](#) webpages are open, and this email gives important dates and explains how the Open Enrollment presentations will work this year.

Benefits and Well-Being Expo

Join us in person or virtually

SAVE THE DATE:

- **Sep. 28**, 1:00 pm - 5:00 pm: UVA Wise, Chapel of All Faiths
- **Sep. 29**, 8:00 am - 12:00 pm: UVA Wise, Chapel of All Faiths
- **Oct. 4**, 7:00 am - 3:00 pm: UVA Health System, Education Resource Center
- **Oct. 5**, 8:30 am - 2:00 pm: UVA Newcomb Hall, 3rd Floor
- Benefits presentations streamed live

It's back and in person! Join UVA's Benefits and Well-Being team for a one-stop-shop exposition of all your benefits options at UVA. You and your spouse are invited to meet with benefits counselors, financial planners, and retirement vendors to connect and get your specific questions answered. This is also a great opportunity to meet benefits and well-being partners and:

- Learn more about well-being programs and reward opportunities
- Attend information sessions on important health and benefits topics

Because the University of Virginia cares about your well-being, Hoos Well – the University's award-winning comprehensive employee well-being program – offers a variety of resources to help you make healthy lifestyle choices and thrive.

- In the [Hoos Well portal](#), employees and spouses covered by the UVA Health Plan can earn up to \$500 in financial incentives when they complete activities within three domains (physical, emotional, financial) of well-being.
- Visit the [Benefits & Well-Being Expo](#) webpage for details about presentations, exhibitors, and more! Can't attend the information sessions on Oct. 5? Access the live streamed sessions or watch the recorded videos later on the website.

Open Enrollment Benefits Presentations

Learn about benefits changes

Open Enrollment benefits presentations began September 14 but there's still time to catch one! They are in person and hosted virtually in Zoom, and you may attend whichever session best fits your schedule. Each will contain the same content except for the live Q&A at the end of the sessions and will include an overview of the Open Enrollment process, changes to your benefits, resources, premiums, maximizing well-being, and key dates. **Register below for a virtual presentation or attend several live presentations on October 5 during the Benefits & Well-Being Expo at Newcomb Hall:**

- **Sep. 22** (Thursday): [Register for 9:00 – 10:00 am webinar](#) (Virtual)
- **Sep. 27** (Tuesday): [Register for 3:00 – 4:00 pm webinar](#) (Virtual)
- **Oct. 5** (Wednesday): Attend in person at Benefits & Well-Being Expo or [watch the live-streamed presentations from 9:00 am to 2:00 pm](#) (view the schedule on the [Benefits & Well-Being Expo](#) webpage)
 - Benefits and Well-Being Expo, Newcomb Hall, 3rd Floor, Commonwealth Room

Not able to attend? Watch the [recorded Open Enrollment benefits presentation](#) anytime or visit the [Presentations](#) webpage after Oct. 5 for recordings of the benefit vendor presentations.

Open Enrollment Town Hall October 6, 12-1:30 pm

Extend your benefits knowledge beyond Open Enrollment

A virtual Open Enrollment Town Hall will provide additional information beyond the Open Enrollment Zoom presentations. The Town Hall will include presentations and Q&A sessions with FEAP, Hoos Well, Fidelity, and UVA HR Leave, Benefits, and Retirement experts. The time will again be 1 ½ hours this year to allow plenty of time for your questions. Prepare your questions in advance and upload them when you log in. **You DO need to register in advance for the Town Hall.**

[Register for the Open Enrollment Town Hall](#)

We Hear You. How Can We Help?

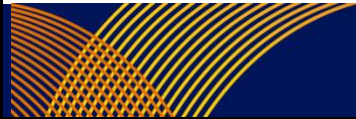
If you need assistance, please contact the HR Solution Center [by email](#) for personalized, virtual 1:1 service, or call 434.243.3344.

You can also click on the “**Hi, I'm your Virtual Assistant, how can I help you?**” button at the bottom right of every HR webpage screen for 24/7/365 virtual assistance. If you don't find what you're looking for with the HR Virtual Assistant, you can request a live chat with HR from the Virtual Assistant menu during regular work hours if an agent is available, or submit a request to be contacted by the HR Solution Center.

All pages are now translatable to 100+ languages using the Google Translate option in the footer of every page.

Email AskHR@virginia.edu or call 434.243.3344 to schedule a Zoom appointment to review more complex questions with an HR professional. HR will accommodate as many appointments as possible through Wednesday, October 12.

We are here to help you!



www.hr.virginia.edu
434.243.3344