



## UVA Benefits Open Enrollment Starts Today

*It's time to choose*

**Benefits Open Enrollment for plan year 2023 begins today, October 3, and runs through Friday, October 14.** Choosing the right health plan option and benefit savings accounts is very important and reflects thoughtful planning for you and your family's health care spending and financial well-being for the coming year. UVA offers you a variety of options for customizing your benefits to meet your unique needs. You can view plan changes and premiums on the [Open Enrollment](#) website before using the Open Enrollment event in Workday to select your benefits for 2023. Act now!

## Action Items

*Here's what to do this week*

- 1. Attend the in-person Benefits & Well-Being Expo:**
  - **Oct. 4, 7:00 am - 3:00 pm:** UVA Health, Education Resource Center
  - **Oct. 5, 8:30 am - 2:00 pm:** UVA Newcomb Hall, 3rd Floor
  - Benefits presentations on Oct. 5 will be in the Commonwealth room, and live streamed for those preferring virtual participation
- 2. Attend or listen livestream to the HR benefits presentation:**
  - **Wednesday, Oct. 5, 9:00 – 10:00 am** ([Virtual](#) and in Person)
  - Benefits and Well-Being Expo, Newcomb Hall, 3rd Floor, Commonwealth Room
- 3. Register for and attend the Open Enrollment Town Hall**
  - **Thursday, Oct. 6, [12:00 - 1:30 pm](#)**
  - Can't make it? Watch the recorded presentation; look for the link after the Town Hall on the [Presentations](#) webpage.
- 4. Register for the benefits vendor webinar next week (reward eligible)**
  - October 12: *Turn Your Savings into Retirement Income*
  - [Register for 2:00 pm webinar](#)
  - [Register for 8:00 pm webinar](#)
- 5. Review Resources on the Open Enrollment Website**

- All changes, action items, Workday instructions, and FAQs are listed on the [Open Enrollment HOME](#) webpage.
- Premiums and health plan option details are on the [Health Plan](#) webpage.
- Schedules of Benefits and Comparison of Benefits are on every page's sidebar.
- Comparison of common medical scenarios and their costs are on the [Medical Scenarios](#) webpage.
- Short educational videos are on the [Resources](#) webpage, including the updated Open Enrollment overview video, "For Your Benefit" videos, and new mini videos on specific benefits changes.
- Prescription drug information is on the [Prescription Drug Program](#) webpage.
- All resources are on the [Resources](#) webpage.
- Don't forget to try out the enhanced [Picwell](#) virtual benefits assistant.

#### **5. Elect Your Benefits in Workday**

- Review the Workday [Open Enrollment Job Aid](#) for instructions or review the details of enrolling in Workday on all [Open Enrollment](#) webpages.
- Elect Your Benefits
  - Health Plan Options: Basic Health, Value Health, Choice Health, J Visa Health (for J visa holders only)
  - Dental Plan Options: Basic Dental, Enhanced Dental (depending on your employee type)
  - Vision Plan Options: Davis Vision (optional)
  - Life Insurance: Change supplemental retirement and life insurance options, if desired, without proof of insurability. Visit the [Life Insurance](#) webpage to learn more.
  - HSA/FSA: Your 2022 elections for FSA and/or HSA will NOT automatically carry over to 2023. Visit the [Health Savings Account](#) and [Flexible Spending Account](#) webpages for more information.
- Manage Your Account in Workday
  - Add or drop dependents. See this [Job Aid](#) for instructions.
  - Add or change a beneficiary. See this [Job Aid](#) for instructions. VRS participants, confirm or change beneficiaries for life insurance through VRS's online portal.
  - Add missing social security numbers for your dependents.
  - If you moved from one health plan option to another for 2023, don't forget to add your dependents to your new health plan option.
  - Confirm your home address and phone number.
  - Check your Workday Inbox for additional items to complete after you submit your Open Enrollment elections.
- Print, or Save as a PDF, your Open Enrollment elections after you press the SUBMIT button.

**We Hear You. How Can We Help?**

After reviewing materials and resources on the Open Enrollment website, if you would like additional 1:1 personalized assistance, there are several options to receive support:

- **In Person:** Visit the UVA Hospital Dining Conference Room #3 between 7:00 am and 5:00 pm on Wednesday, October 12 for in-person assistance from HR specialists.
- **Virtual:**
  - Email [AskHR@virginia.edu](mailto:AskHR@virginia.edu) or call 434.243.3344 to schedule a Zoom appointment to review more complex Open Enrollment questions with an HR professional. HR will accommodate as many appointments as possible through Wednesday, October 12.
  - Click on the “*Hi, I'm your Virtual Assistant!*” button at the bottom of every Open Enrollment webpage for 24/7/365 virtual assistance. If you don't find what you're looking for with the HR Virtual Assistant, you can request a live chat with HR from the Virtual Assistant menu during regular work hours, or if all live agents are busy, request an agent via email.
- **Multi-Lingual:** All pages are now translatable to 100+ languages using the Google Translate option in the footer of every page.

***We are here to help you!***



[www.hr.virginia.edu](http://www.hr.virginia.edu)  
434.243.3344