



Your Toolkit of Resources for Open Enrollment

During benefits Open Enrollment, it's important to know your needs and understand the different benefits options so you can make informed choices and choose the coverage that best supports you and your family's physical and financial well-being. Human Resources has an array of resources available to help you evaluate your needs and understand the different benefits options.

Resources and Tools

Be Knowledgeable About Your Options

Open Enrollment Website:

- [Open Enrollment HOME Webpage](#) - clearly lays out changes, action steps, tools, resources, and high-level takeaways on the home page.
- **Language Options** – All webpages are now translatable into 100+ languages using the Google Translate tool in the footer of every page (look for it under the HR logo at the bottom of the page). For attached documents, please use Google Translate in your browser.
- **Benefit-Specific Webpages** - accessible via the sidebar navigation box on every webpage.
- **Workday Instructions** – offered on all pages about how to enroll or make changes in Workday.
- [Resources Webpage](#) - details all resources to help you select the best health, dental and vision options for you and your family.
- **Schedule of Benefits and Health Plan Comparison Resources** - on both the sidebar of every Open Enrollment webpage and in the main content area of the home webpage and health plan webpage to help you review the details of each health plan option.

- [Medical Scenarios Webpage](#) - gives six common medical scenarios that you might experience, with estimates for what you would pay for each service depending on your health plan option.
- [Open Enrollment Overview Video](#) - details benefits changes, action items for you to take, key takeaways, important dates, and resources.
- **“For Your Benefit” Mini-Videos** - cover benefits topics such as how to understand the Schedule of Benefits tables, the difference between HSAs and FSAs, and how the three health plan options differ.
- [ALEX Virtual Counselor](#) – ALEX now includes life insurance information, a short [sneak peek video](#) on 2022 benefits changes, and a new mobile friendly experience - ALEX Go. ALEX Go is also available in Spanish.
- [Picwell Interactive Tool](#) also include life insurance information, and now offers a side-by-side comparison of plan options, and a “Build-a-plan” to compare a non-company sponsored plan (i.e., spouse’s plan) against the UVA plan options.

[Aetna Navigator](#) – once you log in, look for the “Find Care & Pricing” tool to compare costs and get real-time, personalized estimates and average in-network and out-of-network costs. And your Aetna [A1A team](#) is ready to help explain medical care costs, coordinate care and approvals, and connect you with available resources (and they’re open Saturdays 8-4:30 EST).

Please visit the [Resources](#) webpage for more details.

Events and Presentations

To Help You Choose

Please visit the Open Enrollment [Presentations](#) webpage for more details and links to the events below.

- **Open Enrollment Presentations** – offered both in person and hosted virtually in Zoom, covering an overview of the Open Enrollment process, changes to your benefits, resources, premiums, maximizing well-being, and key dates.
- **Open Enrollment Town Hall, October 5, 12:00 – 1:30 pm** – will provide additional information beyond the Open Enrollment Zoom presentations.
- **Virtual Vendor Webinars** – watch live-streamed and recorded webinars from UVA benefits vendors and UVA partners who will dive deeper into topics regarding the UVA Health Plan, financial planning and retirement, Medicare, and more.

We Hear You. How Can We Help?

If you need assistance, please contact the HR Solution Center [by email](#) for personalized, virtual 1:1 service, or call 434.243.3344.

You can also click on the “**Ask UVA HR**” button at the bottom right of every HR webpage screen for 24/7/365 virtual assistance. If you don’t find what you’re looking for with the HR Virtual Assistant, you can request a live chat with HR from the Virtual Assistant menu during regular work hours.

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We are here to help you!



www.hr.virginia.edu
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