



BENEFITS &



WELLNESS EXPO

2020 OPEN ENROLLMENT

Thursday, October 10 • 7:00 am – 3:00 pm
Medical Center, Education Resource Center

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PRESENTATION SCHEDULE

7:00 a.m.

UVA Health Plan: Know Your Options - Education Resource Center | Presented by UVA HR Benefits

Choosing Benefits is a significant investment in your physical and financial well-being. Using the Open Enrollment resources available, such as attending a presentation, helps you understand your coverage needs and helps prepare you to make the best choices today, and in the future.

1:00 p.m.

Money at Work 1: Foundations of Investing - Education Resource Center | Presented by TIAA

Join TIAA for a review on managing risk versus reward, understanding the role of investing and managing risks, augmenting programs to help accelerate savings, and look at the products and tools for managing a portfolio.

2:00 p.m.

Make the Most of Your Retirement Savings - Education Resource Center | Presented by Fidelity

Discover how much to save for retirement and the benefits of saving more. Review different account types you can use to save for retirement and strategies to preserve and grow your savings to last throughout your lifetime.

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