Welcome to UVA's Open Enrollment Town Hall

October 5, 2021



FACULTY & EMPLOYEE ASSISTANCE PROGRAM

WHO WE ARE





Years of service

Licensed Counselors

WHAT OUR CLIENTS SAY



12k+ Served in 2020



PERSONAL SERVICES

- Assessment
- Stress and Coping skills
- Counseling
- Referrals, and
- Follow-up



ORGANIZATIONAL SERVICES

- Consultation ۲
- Training
- Critical incident support ۲
- **Workplace interventions** ۲
- Substance abuse education •



Fostering a Culture of Well-being Among University of Virginia Faculty, Staff, and Team Members

Victor Tringali, EdD, CSCS

Manager, Employee Well-being, University of Virginia Assistant Professor, Public Health Sciences, UVA School of Medicine

HoosWell.com



Best

Employers EXCELLENCE IN HEALTH & WELL-BEING

American Heart Associativ Ke is w

WORKPLACE





Current in 2021

Employees and spouses on the UVA health plan or UPG Anthem plan can earn up to \$500 in rewards – which are currently redeemable in the form of a gift card



IMPORTANT: November 30, 2021 is the **last day** to complete and report activities for the 2021 calendar year.

Healthy Activity	Reward
Create a New Account	\$10
Complete the Health Assessment	\$100
Complete a Next-Steps Consult Appointment	\$25
Complete a Journey (up to 10x)	\$50 each
20-Day Triple Tracker: 7,000 Steps/15 Active Minutes/15 Workout Minutes	\$25 each
Track Healthy Habits 20 Days in a Month	\$5 each
Complete a Hoos Well Challenge (up to 3x)	\$50 each
Receive and Report Your Well Check. (Eligible exam dates are 12/1/19 to 11/30/21)	\$100
Receive and Report a Flu Vaccine. (Eligible vaccination dates are 9/1/20 to 8/31/21)	\$25
Participate in a Hoos Well Survey or Focus Group (up to 5x)	\$10 each
Complete an Emotional Well-Being Seminar (up to 4x)	\$25 each
Complete a Financial Well-Being Webinar (up to 4x)	\$25 each

HUMAN RESOURCES



Current in 2021

<u>Register for the Hoos Well portal by Virgin Pulse</u> and participate in evidence-based activities aimed at improving multiple facets of health and well-being. New registrants can earn \$10 just by signing up.

Access step-by-step registration instructions on our <u>FAQs</u> <u>tab</u> on <u>HoosWell.com</u>.

IMPORTANT: November 30, 2021 is the **last day** to complete and report activities for the 2021 calendar year.



	Sign	Up	
	Let's make sure you're elig NAME	zible to join.	-
	First Name	Last Name	
-	DATE OF BIRTH	~ Day	
	COUNTRY		-
	United States	~	
	STATE OF RESIDENCE		



NEW for 2022

Addition of Live Health Coaching to help you transform your goals into actions

Employees and spouses on the UVA and UPG health plans can earn as much as \$500 in rewards

– deposited to the employees' paychecks!

Social well-being initiatives and activities







NEW for 2022

Healthy Minds @Work

Mobile app with easy to follow 5-7minute lessons that you can fit into your daily life

Podcast-style lessons on 4 trainable skills of well-being



HUMAN RESOURCES

UVA Retirement and Savings Plans Structure

Part I – Employer provided mandatory retirement

Optional Retirement Plan (ORP)/Medical Center Retirement Plan (MCRP)

Or

Virginia Retirement System (VRS)

Part II – Employee supplemental savings 403(b) Plan And/or Commonwealth of Virginia 457 Plan Plus UVA Cash Match

Benefits of Saving at Work

Tax-deferred accounts (403(b), 457) Pretax contributions Tax-deferred growth opportunity Current year limit: \$19,500 Current year limit, if over age 50: \$26,000

> Roth after-tax (403(b), 457) IRA income limits not applicable After-tax contributions Tax-free growth opportunity

Choosing Your Investments

Tier 1 – "Do it for me" Target Date Funds

Tier 2 – "Help me do it" Cost-conscious options Index investor

Tier 3 – Expanded Choice

Ultimate choice investor (brokerage window) Select actively managed funds (have met policy guidelines)

Choosing Your Investments

Fundamentals of Investing

Asset allocation

Investment types

Diversification

Rebalancing



UNIVERSITY HUMAN RESOURCES

Next Steps Enroll now – Workday



2 items

CONTACT

UNIVERSITY HUMAN RESOURCES

Next Steps

Meet your vendor representative

UVAHR		MANA	GERS PROSPECTIVE EMPLOYEES	wo		
BENEFITS	WELLNESS	CAREER DEVELOPMENT	LIFE CHANGES	тіме с	Free appoin	tments
Vendor Contacts, F	Portals, and Resou	rces			with a retire	ement
Meet with your vendor repres to inform you in your investn		nd investments, view your fun	d performance. Find additional	resources	professiona	
TIAA				•	TIAA, Fidelit	y or ICMA
TIAA: 800.842.2252						
Meet a Representativ Plans & Investments	e				Access avai	lability on
Fund Performance					HR homepa	J
FIDELITY				•	vendor site	•
Fidelity: 800.343.0860					vendor	*
 Meet a Representativ 	e					
Plans & Investments						
 Fund Performance 						

UNIVERSITY HUMAN RESOURCES

Next Steps

Hoo's Well Financial Well-Being Webinars

		MANAG	GERS PROSPECTIVE EMPLOYEES	WORKDAY LOGI	SELF SERVICE Q
BENEFITS	WELLNESS	CAREER DEVELOPMENT	LIFE CHANGES	TIME OFF	CAREERS AT UVA

A FINANCIAL WELLNESS WEBINARS

Hoos Well Sponsored Financial Well-Being Webinars

ttend a live webinar and improve your "Financial Fitness." UVA Health Plan participants can earn \$25 in gift card rewards* for each completed webinar. Choose from a quarterly rotation of topics that includes all areas of spending, saving, planning and investing, living, and retiring.

How? It's easy:

- 1. Select and register for a webinar from the list below.
- 2. After participating, record your attendance in the Hoos Well portal.

*Please note. Each time you earn rewards in the wellness portal, you are self-attesting that you have completed an activity. Please be aware that your reporting is subject to validation and audit from RedBrick Health and/or the UVA Hoos Well Program.

😔 READ ANSWERS TO FAQS

Understanding Medicare

24

- Are you thinking about retirement? This presentation will review:
 - Medicare, its parts, and what they do and don't do.
 - What questions to ask as you are first starting on Medicare
 - What questions you need to ask after you have it set up
- Monday October 5, 11am-noon
- Presenter: Randy Rodgers (JABA)



FINANCIAL WELL-BEING

+ FINANCIAL WELL-BEING WEBINARS

MARCH 20, 2020 Virtual Resources to Support Your Well-Being

READ MORE

Earn \$25 for completed webinar – 1 per quarter

Browse classes and register on UVA HR homepage under Wellness

2022 classes to start in

March



11/61

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Leave Overview

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Time Off Options

Employees accrue vacation and/or sick time off based on their employment classification

Faculty and Professional Research Staff

For those eligible, annual time off is tracked outside of Workday by department.

Medical Center

- Paid Time Off (PTO) plan.
- PTO accrues based on the employee's calculated Service Date.
- An employee can only use PTO time already accrued, except during their first 60 days of benefit eligible employment (may borrow up to 32 hours).

Academic University Staff

- Accrues UStaff time off per pay period. Can use full leave year accrual before it's earned.
- Non-Exempt employees are eligible for Overtime leave, Comp leave and Comp Special leave.
- > Exempt employees are eligible for Comp Special leave

Classified Staff

- Accrues Annual time off per pay period.
- Sick and Family Personal leave is available to employees at the beginning of a new Leave calendar year.
- > Can't borrow against future accruals.
- Eligible for Overtime leave, Comp leave and Comp Special leave.

Leave Options

The University of Virginia offers several Leave of Absence options for eligible employees. The leave types vary depending on the classification of employee. The UVA HR website has a summary of the available leave types. <u>https://hr.virginia.edu/time/paid-leave</u>

Type of Leave managed by Unum

- Family Medical Leave Act
- Paid Parental Leave
- Military Leave
- Short Term disability (ORP and MCRP retirement plan participants)

Type of Leave managed by UVA

- Paid Parental Leave (for Faculty, PRS and Classified staff)
- Personal or Educational Leave
- Bone Marrow/Organ Donation Leave

Unum is our leave of absence administration partner. Unum, an industry leader in benefits administration, offers award-winning absence management services that help ease the disruption to operations and employees by enabling them to return to full capacity as soon as they are able. Employees can file and manage their claims with Unum online or by calling the support center.

Short-Term Disability Benefits

Medical Center

Eligible employees

> 6 months of continuous service in a benefit eligible position

Short-Term Disability Plan

- Update for 2022: change of weekly benefit maximum cap from \$1,100 to \$15,000
- > The short-term disability benefit is administered by Unum.
- 14-day unpaid elimination period before benefits would begin at 60% of normal salary, up to weekly cap.
- The STD plan offers benefits for up to 24 weeks, based on continued disability.
- An employee would be eligible to apply for Long-Term Disability benefits if the disability will continue past the STD benefit limit.

Application of Paid Time Off

An employee may use available Paid Time Off during unpaid wait period and to supplement STD benefit.

Academic

Eligible employees

- > ORP participants: immediate eligibility
- VRS participants: 1 year of continuous employment.

Short Term Disability Plan

- ORP retirement plan participants are eligible for STD benefits through Unum.
 - 5-day waiting period for Staff
 - No waiting period for Faculty
- VRS retirement plan participants are eligible for STD benefits through the Reed Group.
 - 5-day waiting period
- Benefit payments depend on the plan, employment classification and tenure.

Time Off Options – 2021 Leave Year End

UStaff Leave

- The carry-forward limits for UStaff leave are increasing by 40 hours for 2021. This is a one time change for 2021 only. Normal carryover limits will apply for the 2022 leave year.
- University Staff who have use-or-lose leave over their 2021 carry forward limit with the additional 40 hours, will receive a pay-out of 50% of their remaining use-or-lose balance on the January 7, 2022 paycheck.
- The Leave payout maximum limits for employees who retire or separate from employment in 2022 has not increased.

Classified Annual Leave

- The carry-forward limits for Annual leave are increasing by 40 hours for 2021. This is a one time change for 2021 only. Normal carryover limits will apply for the 2022 leave year.
- The Leave payout maximum limits for employees who retire or separate from employment in 2022 has not increased.

Medical Center PTO

- The carry-forward limits for PTO leave are increasing by 40 hours for 2021. This is a one time change for 2021 only.
- Information on the PTO Fall cash out election process will be available in late October. Team members will be able to cash out up to 80 hours of their PTO time.

View Time Off Balance

Workday can show employee time off balance as of the end of the leave year. For Academic employees, enter the date of 12/19/2021. For Medical Center employees, enter the date 1/9/2022.

						Find End of Year Use or Lose Hours					ours	
								day search t Off Balanc	feature, enter 'Time æreport.	Off Balance	and Q Time Off Balant Time Off Balance Report	
ance As Of Date	12/19/2021					 Enter Click 		ay of the cu	irrent leave year, 12	2/19/2021.		As Of * 12/19/2021
es displayed are base ances Tracked in Ho		s Of Date entered. T	o view detail:	s drill down on	Year to Date va	lues.						
sence Plan	Unit of Time	Beginning Year Balance	Accrued Year To Date	Absence Paid Year To Date	Beginning Period Balance	Accrued in Period	Absence Paid in Period	Carryover Forfeited in Period	Ending Period Balance	Ending Period Balance Including Pending Events	As of Period	
taff	Hours	264	240	0	494.775	9.225	0	0	504	504	12/06/2021 - 12/19/2021 (Academic Bi-weekly)	

Open Enrollment Changes

Open Enrollment is October 4 - 15, 2021, and is the time to change your UVA health, dental and vision plan options.



2022 Health Plan Premiums

There will be NO premium, coinsurance, or copay changes for full-time employees.

However, you will still need to re-elect your FSA or HSA if you want them to continue in 2022.



Part-Time Premiums

Starting on January 1, 2022, part-time employees will receive the same employer contribution to their premium as full-time employees.

There will be one premium rate for all benefits-eligible employees within each employee category.

Visit the Open Enrollment website for details: <u>hr.virginia.edu/oe2022</u>

2022 Monthly Health Plan Premiums

UVA Health Plan	Basic	Value	Choice
Employee	\$20.00 (no change)	\$87.50 (no change)	\$183.00 (no change)
EE+Child(ren)	\$25.25 (no change)	\$140.25 (no change)	\$370.25 (no change)
EE+Spouse	\$33.25 (no change)	\$176.25 (no change)	\$477.00 (no change)
Family	\$63.00 (no change)	\$282.25 (no change)	\$706.00 (no change)

For the 2022 plan year, there are no changes to premiums, coinsurance, copays, or deductibles for the Basic, Value, and Choice Health options for full-time employees. Rates for part-time employees are now the same as full-time rates.

Rates above do not reflect wellness rewards earned.

Rates for COBRA, retiree, wage, postdoctoral fellows, J Visa and Housestaff differ from above; you can see your rates online at <u>hr.virginia.edu/oe2022</u>.

2022 Monthly Dental & Vision Premiums

UVA Dental Plan	Basic	Enhanced	Davis Vision Plan	Rate
Employee	\$1.00 (no change)	\$10.50 (no change)	Employee	\$8.32 (no change)
EE+Child(ren)	\$2.00 (no change)	\$24.75 (no change)	EE+Child(ren)	\$14.56 (no change)
EE+Spouse	\$4.00 (no change)	\$29.00 (no change)	EE+Spouse	\$14.98 (no change)
Family	\$7.25 (no change)	\$49.75 (no change)	Family	\$23.30 (no change)

2022 active employee dental and vision premiums remain the same. Rates for part-time employees are now the same as full-time rates.

Rates for COBRA, retiree, wage, postdoctoral fellows, and Housestaff differ from above; you can see your rates online on the <u>Open</u> <u>Enrollment Dental</u> webpage and <u>Open Enrollment Vision</u> webpage.

2022 Health Plan Design Changes

Basic Health 2021

Out-of-Pocket Maximums In-Network \$4,000/\$8,000 Out-of-Network \$8,000/\$16,000

Basic Health 2022

Out of pocket Maximums In-Network \$5,500/\$11,000 Out-of-Network \$11,000/\$22,000

Value Health 2021

Out of Network Deductible \$1,600/\$3,200



Value Health 2022 Out of Network Deductible \$2,400/\$4,800

Spouse Benefit

New Remote Work Eligibility

Spouses whose remote employer offers affordable health care that provides minimum value, but none of their health options has innetwork coverage at the spouse's residence, are eligible to be a dependent on the UVA employee's health coverage.



Benefit Design Update

New Hearing Benefit

One hearing exam per year performed by an audiologist will be covered as a cost-share benefit (like physical therapy benefit).

Medically necessary hearing aids will be covered for participants on the UVA Health Plan, up to \$1,200 every 48 months.

Enhanced Infertility Benefit

The definition of infertility will be removed from Aetna's Infertility Clinical Policy Bulletin.

This will make the infertility benefit more widely available to health plan participants. The revised Clinical Policy Bulletin is available on the Open Enrollment website.

Visit the Open Enrollment website for details: hrvirginia.edu/oe2022

Short-Term Disability for MCRP Participants

Starting 1/1/2022 the MCRP Short-Term Disability (STD) weekly benefit cap will increase from \$1,100 to \$15,000 (the same as the ORP cap). The STD benefit remains the same at 60%.

South Elevators 0

UVA J Visa Health Plan



What's New:

The UVA J1 Visa Health Plan will now be called the UVA J Visa Health Plan.

No premium increases from 2021 to 2022 for those previously enrolled in the UVA J1 Visa Health Plan.

Employees with part-time status will pay the full-time premiums.

Visit the Open Enrollment website for details: <u>hr.virginia.edu/oe2022</u>

UVA J Visa Health Plan

New Services

Other Changes

One routine hearing exam/24 months

One hearing aid/ear, to a \$1,000 max per ear, every 3 years

Base infertility services

Visit the Open Enrollment website for details: <u>hr.virginia.edu/oe2022</u>

Aetna's Institutes of Excellence network must be used for transplant services

No out-of-network benefits covered except Emergency Room services that are emergencies

Routine eye exams are not covered

Specialty drugs must be filled @ UVA Specialty Pharmacy unless a limited distribution drug

Workday Open Enrollment



Detailed instructions, including a Job Aid and a walkthrough video,

are on the **Open Enrollment** website.

2021 Elections for FSA and HSA Will NOT Carry Over to 2022

You must re-elect the Flexible Spending Account (FSA) and Health Savings Account (HSA) programs for 2022 during Open Enrollment. Visit the website for 2022 contribution limits: <u>hr.virginia.edu/oe2022</u>.

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HSA	FSA
you don't re-elect:	If you don't re-elect:
You will receive the employer contribution	• Your benefit is waived and will not carry over to 2022
You will have \$0.00 employee contribution; however, you can add your employee contribution at any time in Workday	• You cannot re-elect your FSA in 2022



HSA Program

Maximum Employee Contribution Amount Increasing:

- Individual: \$3,650
- Family: \$7,300
- Catch-up (age 55+): \$1,000 (same)

Employer Seed Fund Remains the Same:

- Individual: \$1,000
- Family: \$1,500

*The maximum contribution limit includes employee and employer contributions

New to Basic Health?

Complete the HSA Affidavit; look for task in Workday inbox.

If you currently have a **Full Health Care FSA**, you must deplete 100% of any remaining funds in your account before December 31.

Watch for an email from our vendor, Chard Snyder, with action steps to open your HSA account.





AETNA

The University of Virginia Health Plan Town Hall

October | 2021

♦aetna®

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Member facing: ____

Care managers Member advocates Pre-cert nurse Well-being advocate Provider services advocate Other advocacy resources: Service manager Clinical supervisor Care management associate Plan sponsor liaison

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Dedicated teams

Immediate access

- 8am 8pm local time dedicated team hours
- 8am 4:30pm EST Saturday
- 24/7 access via 24-Hour Nurse Line

Member obsessed support

- Less transfers
- Immediate cross functional response
- Proactive clinical engagement

Better health outcomes

- Enhanced pre-certification
- Engaged MD presence within the program
- Fewer denials while improving provider and member experience



Activating an ecosystem of support

Utilization management nurse consultant (UMNC) Social worker

> Behavioral health care manager

> > Behavioral health specialist

Dietician

Pharmacy advocate

Medical director

♥aetna



An integrated solution with

behavioral health

Well-being advocates, behavioral health specialist and a social worker

Collation of behavioral health with clinical team

2/3 improvement in behavioral health collaborations over other models



24/7 clinical triage



Utilization management



Substance Misuse services



Condition management



Tele video services



AbleTo



Autism management services



 ${\rm Mindcheck} \mathbb{R}$



Aetna Pharmacy Management

UVA's Pharmacy Benefit Manager since January 1, 2021

There are no significant changes to the benefit design for 2022

- Formulary changes happen on a quarterly and annual basis; members will be notified if they are negatively impacted by a change.
- Prior Authorization, Quantity Limits and Step Therapy transfer from one plan to the other.

Network and Specialty Pharmacy

- UVA Pharmacies continue to have lower retail copayments.
- UVA Pharmacies are required to dispense all specialty medications.
- If the UVA Pharmacy cannot dispense a specialty medication, an override will be given for CVS Specialty to dispense.

There are programs in place which add flexibility, encourage low-cost options and help improve compliance

- Mandatory Maintenance Choice with opt out
- Pharmacy Advisor
- Real Time Benefits





UVA Pharmacy Drug Preventive Lists

Choice & Value Plans

Preventive and Chronic Medicine List applies

 Drugs on this list are not subject to the deductible, you will just pay your copay or coinsurance.

Basic Plan

Preventive Medicine List Applies

 Drugs on this list are not subject to the deductible, just pay your copay or coinsurance.

All Plans (Choice, Value, Basic)

ACA Preventive Drug List

 Under the Affordable Care Act, also known as health care reform, you can get some drugs at no member cost share.





Plans are administered by Aetna Life Insurance Company (Aetna).

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company and its affiliates (Aetna).

Aetna, CVS Pharmacy® Inc. (which owns HealthHUB® locations) and MinuteClinic LLC (which either operates or provides MinuteClinic-branded walk-in clinics) are part of the CVS Health® family of companies.

Health information programs provide general health information and are not a substitute for diagnosis or treatment by a health care professional.

Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice.

Refer to <u>Aetna.com</u> for more information about Aetna® plans.

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Questions?