### COST COMPARISONS TO HELP YOU CHOOSE



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Human Resources



## HEALTH PLAN OPTIONS AT A GLANCE

UVA offers the UVA Health Plan, which includes three health plan options to choose from for your medical coverage: **Basic Health**, **Value Health**, and **Choice Health**. Choosing the best health plan option for your needs means you'll have appropriate coverage and receive the best value for your investment. Knowing your needs and understanding the different health plan options will help you make an informed decision. These tables offer a comparison of deductible and out-of-pocket maximum for in-network services only. Annual premiums and UVA's HSA employer contribution for Basic Health participants are also included.



EMPLOYEE + CHILD					
Annual Premiums	Deductible	Out-of-Pocket Maximum Individual/Family			
BASIC \$ 303 \$4,000 \$4,000	)/\$8,000	Total: \$2,803 Individual/\$6,803 Family			
\$1,683 \$1,683	\$5,	Total: \$7,183 Individual/\$12,683 Family			
CHOICE \$4,443	\$500	Total: \$9,943 Individual/\$15,443 Family \$5,500/\$11,000			

# How to Use the Health Plan Options at a Glance Tables

- **1**. Find the table specific to which people in your family need coverage. View the premiums, deductible, and out-of-pocket expenses for each plan type.
- 2. For Basic Health coverage, you'll see the employer contribution to your HSA, reducing your total out-of-pocket expense.
- **3**. The maximum out-of-pocket amount and deductible list two values: for an individual and

for coverage of multiple family members.

- The maximum out-of-pocket amount includes coinsurance, deductible, copayments and covered prescriptions; it excludes amounts above allowable amount and penalties.
- The total assumes that the out-of-pocket max has been met; your costs may be lower.





#### **Health Plan Services Compared**

Last year, many of you found the UVA Health Plan Options at a Glance tables for individuals and families to be the most valuable resource in choosing the appropriate health plan option. Now you can also compare commonly used medical services on Aetna's Schedule of Benefits Comparison below. This table compares in-network services only.

To see the full Schedule of Benefits comparison chart, visit the Open Enrollment website <u>hr.virginia.edu/oe2021</u> and Health Plan webpage.

#### **2021 SCHEDULE OF AETNA NATIONAL** IN-NETWORK BENEFITS

#### **Health Plan Medical Scenarios**

You told us in the Open Enrollment survey that you wanted to compare costs for common medical procedures across the three health plan options.

We heard you! This year, you can see six common medical scenarios that UVA employees experience. Each scenario provides estimates for what you would pay for each service (keep in mind that the real costs depend on the services you receive and how the doctor or health care facility bills Aetna). The scenarios use different employee tiers: employee only, employee + spouse, employee + child, and family. You can also see how annual premiums impact your annual bottom line.

Visit the Open Enrollment website <u>hr.virginia.edu/oe2021</u> and the Medical Scenarios webpage to review these common medical scenarios.

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COVERED SERVICES	BASIC HEALTH	VALUE HEALTH*	CHOICE HEALTH		
PLAN INSURANCE – Applies to all expenses unless otherwise stated.					
	Deductible & 20% Coinsurance	Deductible & 20% Coinsurance	Deductible & 15% Coinsurance		
ANNUAL DEDUCTIBLE – Deductible is applicable to services and covered prescriptions that have coinsurance; deductible is not applicable to services or prescriptions that have copayments or to amounts above the allowable amount or to penalties. <sup>2</sup>					
	\$2,000 for employee only	\$800 per individual	\$500 per individual		
	\$4,000 for E+spouse, E+children, family	\$1,600 per family	\$1,000 per family		
OUT-OF-POCKET MAXIMUM – Includes coinsurance, d	eductible, copayments and covered prescriptions	; Excludes amounts above allowable amount a	and penalties. <sup>2</sup>		
Per Individual	\$4,000	\$5,500	\$5,500		
Per Family	\$8,000	\$11,000	\$11,000		
PROFESSIONAL SERVICES IN OFFICE OR OUTPATIN	ENT				
Primary Care Physician Visit	Deductible & 20% Coinsurance	\$40 Copayment	Deductible & 15% Coinsurance		
Maternity Visit (routine prenatal)	Paid in Full <sup>1</sup>	Paid in Full <sup>1</sup>	Paid in Full <sup>1</sup>		
TELADOC CONSULTATIONS – Using Teladoc provider n	etwork only				
Virtual access to doctors for general medicine, behavioral health care, dermatology, and caregiving	Deductible & 20% Coinsurance	\$40 Copayment	Deductible & 15% Coinsurance		
PREVENTIVE CARE AND IMMUNIZATIONS					
Preventive General Physical Examination (PCP Only)	Paid in Full	Paid in Full	Paid in Full		
Preventive Diagnostic Tests, Laboratory Services and X-Ray Procedures (Non-Urgent Only)	Paid in Full <sup>1</sup>	Paid in Full <sup>1</sup>	Paid in Full <sup>1</sup>		
MENTAL HEALTH AND SUBSTANCE ABUSE SERVIC	ES				
Inpatient Hospital and Residential Treatment	Deductible & 20% Coinsurance	Deductible & 20% Coinsurance	Deductible & 15% Coinsurance		
Outpatient Treatment	Deductible & 20% Coinsurance	\$40 Copayment	Deductible & 15% Coinsurance		

\*Reduced cost-sharing is available for some services when participants enrolled in Value Health use the UVA Provider Network. <sup>1</sup>All options will pay 100% of in-network preventive diagnostic, laboratory, and x-ray procedures. The plan coinsurance will be applied for in-network non-preventive diagnostic, laboratory, and x-ray procedures after the annual deductible has been met. <sup>2</sup>When a generic equivalent exists for a brand name prescription and the enrollee selects the brand name drug, the brand name prescription cost-sharing and the difference in the cost between the brand name drug and the generic drug are not included in the deductible or out-of-pocket amount. Neither is cost-sharing for non-covered prescriptions or services.



#### DENTAL PLAN OPTIONS

This year, you can also compare the two dental plan options: **Basic Dental** and **Enhanced Dental**. Both of these dental plan options are administered by United Concordia.

- Full-time employees: No premium changes for the 2021 plan year
- **Part-time employees**: Premiums for part-time Academic and Medical Center employees in 2021 have been harmonized so they are the same

Visit the Open Enrollment website <u>hr.virginia.edu/oe2021</u> and the Dental Plan webpage for more detailed information about premiums, covered services, and costs.

	BASIC DENTAL	ENHANCED DENTAL
Premiums	miums Same as 2020 plan year; visit the Dental Plan webpage for rates	
Deductible	<b>\$50.00</b> , applies to Type B and Type C Services (Primary and major restorative services); dental services are listed on the Dental Options Comparison Chart on the Dental Plan webpage	<b>\$50.00</b> , applies to Type B and Type C Services (Primary and major restorative services); dental services are listed on the Dental Options Comparison Chart on the Dental Plan webpage
Annual Maximum Benefit	\$1,000.00 per person	\$2,000.00 per person
Complex Restorative Services	plex Restorative Services Plan pays 50% of eligible expenses for in-network	
Routine and Preventive Care	Plan pays <b>100%</b> of eligible expenses for in-network	Plan pays <b>100%</b> of eligible expenses for in-network



#### PLAN FOR YOUR VISION NEEDS

Unlike the health and dental plan options, **UVA only offers one vision plan: Davis Vision**. Davis Vision offers free annual eye exams and basic lenses, an allowance for frames and contacts, and copays for other options and upgrades.

Visit the Open Enrollment website hr.virginia.edu/oe2021 and the Vision Plan page for more details.

#### **Other Resources to Help You Choose**

In addition to the tables in this document, here are other tools you will find online to help compare and choose the correct health and dental plan options for you:

- Complete Schedule of Benefits for each health plan option
- Payment and cost estimator tools by Aetna
- Picwell and ALEX virtual assistants
- Podcasts
- Videos
- Live virtual presentations including an Open Enrollment Town Hall
- Virtual UVA Benefits and Well-Being Expo

Visit the Open Enrollment website <u>hr.virginia.edu/oe2021</u> and the Resources webpage for a complete list of resources.

# **Enroll in Workday**

Visit the Open Enrollment website <u>hr.virginia.edu/oe2021</u> for instructions on every page.

# workday

#### **KEY DATES**

SEP 1	Open Enrollment website is open
SEP 28	Virtual presentation • 10 am
<b>OCT 1</b>	Virtual presentation • 3 pm
OCT 5	Open Enrollment period opens
OCT 5-:	16 Virtual UVA Benefits and Well-Being Expo
OCT 5	Virtual presentation • 9 am
OCT 7	Virtual Town Hall • 12 pm
OCT 9	Virtual presentation • 1 pm
OCT 14	Virtual presentation • 11 am
OCT 16	Open Enrollment closes



Human Resources

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# Open Enrollment for Plan Year 2021

