# Self-insured

# **Summary of change lists** 2021 Aetna Standard Plan



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# Aetna Standard Plan – April 1, 2021 updates

There will be changes to the Aetna Standard Plan drug list that applies to your plan starting April 1, 2021. It's important that you review and understand the changes in the chart below. Talk to your health care provider about how these changes might impact you.

## What if I need a prescription drug that requires a medical exception?

You or your prescriber can request a medical exception to the changes in this letter. If you would like to ask for a medical exception, speak directly with your prescriber or you can call us at the toll-free number on your member ID card. We'll contact you and your prescriber with our decision. If your exception is approved, you only need to pay your plan copay or cost-share. This amount is based on your pharmacy plan design.

## How to find a preferred medicine that's right for you

You can visit the website that's on your member ID card and sign into your account.

Кеу	
UPPERCASE	Brand-name medicine
lowercase italics	Generic medicine

#### Drugs moving from not covered to covered status

Disease state	Drug name
Gastrointestinal	ASACOL HD

### Drugs moving from non-preferred to preferred (Tier 3 to Tier 2) status

Disease state	Drug name
Gout	MITIGARE
Menopause	VAGIFEM

#### Drugs moving from preferred to non-preferred (Tier 2 to Tier 3) status

Disease state	Drug name	Alternative(s)
Cancer	TYKERB	lapatinib
Dietary Supplement	DRISDOL	Consult doctor
Gastrointestinal	LEVBID	dicyclomine, hyoscyamine sulfate, hyoscyamine sulfate ext-rel capsule, hyoscyamine sulfate orally disintegrating tablet, LEVSIN
HIV	ATRIPLA, SYMFI, SYMFI LO	efavirenz-emtricitabine-tenofovir disoproxil fumarate, efavirenz-lamivudine-tenofovir disoproxil fumarate, BIKTARVY, DOVATO, GENVOYA, ODEFSEY, SYMTUZA, TRIUMEQ
Inflammation	ORAPRED	dexamethasone, hydrocortisone, methylprednisolone, prednisolone solution, prednisone

### Drugs moving from covered to not covered status

Disease state	Drug name	Alternative(s)
ADHD	ADDERALL	amphetamine-dextroamphetamine mixed salts, methylphenidate
	FOCALIN XR	amphetamine-dextroamphetamine mixed salts ext-rel (excluding certain NDCs), dexmethylphenidate ext-rel, methylphenidate ext-rel (excluding certain NDCs), MYDAYIS, VYVANSE
Anticonvulsant	Tompiramate sprinkle	carbamazepine, carbamazepine ext-rel, clobazam, divalproex sodium, divalproex sodium ext-rel, gabapentin, lamotrigine, lamotrigine ext-rel, levetiracetam, levetiracetam ext-rel, oxcarbazepine, phenobarbital, phenytoin, phenytoin sodium extended, primidone, rufinamide, tiagabine, topiramate, valproic acid, zonisamide, FYCOMPA, OXTELLAR XR, TROKENDI XR, VIMPAT, XCOPRI
	BANZEL SUSPENSION	clobazam, clonazepam, lamotrigine, rufinamide, topiramate, TROKENDI XR
Antidepressant	paroxetine 7.5mg capsule	paroxetine HCl
	ZOLOFT	citalopram, escitalopram, fluoxetine (except fluoxetine tablet 60 mg, fluoxetine tablet [generics for SARAFEM]), paroxetine HCl, paroxetine HCl ext-rel, sertraline, TRINTELLIX
Asthma	zileuten	montelukast, zafirlukast
Contraceptives	YASMIN	ethinyl estradiol-drospirenone, ethinyl estradiol-drospirenone- levomefolate, ethinyl estradiol-norethindrone acetate, ethinyl estradiol-norethindrone acetate-iron
Dermatologic	clocortolone cream, desoximetasone ointment, hydrocortisone lotion, triamcinolone ointment 0.05%, trianex ointment	hydrocortisone butyrate cream, hydrocortisone butyrate ointment, hydrocortisone butyrate solution, mometasone, triamcinolone cream, triamcinolone lotion, triamcinolone ointment (except triamcinolone ointment 0.05%)
	ELIDEL CREAM	pimecrolimus, tacrolimus, EUCRISA
Diabetes	GUARDIAN CONTINUOUS GLUCOSE MONITORING SYSTEM	DEXCOM CONTINUOUS GLUCOSE MONITORING SYSTEM
Eye Disorders	TRAVATAN Z	latanoprost, travoprost, LUMIGAN, ZIOPTAN
Gastrointestinal	Hyoscyamine, SYMAX- SR, OSCIMIN SR	dicyclomine
	pantoprazole pak	esomeprazole delayed-rel, lansoprazole delayed-rel, omeprazole delayed-rel, pantoprazole delayed-rel tablet, DEXILANT
Gout	ULORIC	allopurinol
High Blood Pressure	AZOR	amlodipine-olmesartan, amlodipine-telmisartan, amlodipine-valsartan
	COREG	atenolol, carvedilol, carvedilol phosphate ext-rel, metoprolol succinate ext-rel, metoprolol tartrate, nadolol, pindolol, propranolol, propranolol ext-rel, BYSTOLIC
	COZAAR, MICARDIS	candesartan, irbesartan, losartan, olmesartan, telmisartan, valsartan
	HYZAAR, MICARDIS HCT	candesartan-hydrochlorothiazide, irbesartan-hydrochlorothiazide, losartan-hydrochlorothiazide, olmesartan-hydrochlorothiazide, telmisartan-hydrochlorothiazide, valsartan-hydrochlorothiazide
	ZESTORETIC	fosinopril-hydrochlorothiazide, lisinopril-hydrochlorothiazide, quinapril-hydrochlorothiazide
High Cholesterol	fenofibrate	fenofibrate (except fenofibrate capsule 50 mg, 130 mg; fenofibrate tablet 40 mg, 120 mg), fenofibric acid delayed-rel

#### Drugs moving from covered to not covered status (continued)

Disease state	Drug name	Alternative(s)
Hormone Replacement	ANDROGEL	<i>testosterone gel</i> (except authorized generics for TESTIM and VOGELXO), <i>testosterone solution</i> , ANDRODERM
Infection	doxycycline hyclate 50mg tablet	doxycycline hyclate 20 mg, doxycycline hyclate capsule, minocycline, tetracycline
Migraine	MAXALT, MAXALT MLT	eletriptan, naratriptan, rizatriptan, sumatriptan, zolmitriptan, NURTEC ODT, ONZETRA XSAIL, REYVOW, UBRELVY, ZEMBRACE SYMTOUCH, ZOMIG NASAL SPRAY
Nerve Pain	LYRICA	duloxetine, pregabalin
Pulmonary Arterial Hypertension (PAH)	REMODULIN	treprostinil
Sleep Disorders	SILENOR	doxepin, eszopiclone, ramelteon, zolpidem, zolpidem ext-rel, zolpidem sublingual, BELSOMRA
Thyroid Supplement	CYTOMEL	levothyroxine, liothyronine, SYNTHROID

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