Experience the moments

Discounts and savings for you to enjoy

aetna.com
Healthy vision
Savings on eyewear and exams

With EyeMed, you get:

**Plenty of prescription savings**
If your vision isn’t 20/20, you’ll love discounts on:

- Designer frames
- The latest in lens technology
- Non-disposable contact lenses
- Sunglasses, and more

**Great rates on eye exams**
Your eye exams are always discounted. So even if your plan covers your first exam, you can save on another one from any participating doctor.

**Lots of locations**
You can visit many doctors in private practice. Plus, national chains like JCPenney Optical, LensCrafters, Target Optical, Sears Optical and Pearle Vision. You can find them all on your member website at aetna.com.

**More eye-openers**

- Savings on LASIK laser eye surgery
- Replacement contact lenses, delivered to your door
- Savings on eyeglass chains, lens cases and cleaners, and nonprescription sunglasses

Built-in plan discounts with no referrals, claims or limits.
Your family can use them, too.

A fit, fabulous you
Savings on gyms and health coaching

Discounts on gym memberships
Get access to gyms close to home and on the road.

**A healthier you from home**
If staying home is more your style, you have choices.

**Health coaching**
Get one-on-one support to quit smoking, ease stress, lose weight and more. On your schedule.

**At-home weight-loss program**
Your body is your business. So you get weight-loss tips, menus and weigh-ins ... right in the privacy of your home. You get plans to help you lose the weight and keep it off. These plans may offer:

- Abundant menu options
- Online tools and coaching
- Counseling
- Free shipping*
- No contract or cancellation penalties**

**Savings on home exercise equipment**
Build your body — and your home gym — with discounts on home exercise helpers.

*Shipping fees are dependent upon the weight-loss plan selected.
**Contract/cancellation fees are vendor dependent.


_Health benefits and health insurance plans are offered, administered and/or underwritten by Aetna Health Inc., Aetna Health Insurance Company of New York, Aetna Health Insurance Company, Aetna HealthAssurance Pennsylvania Inc. and/or Aetna Life Insurance Company (Aetna). In Florida, by Aetna Health Inc. and/or Aetna Life Insurance Company. In Utah and Wyoming, by Aetna Health of Utah Inc. and Aetna Life Insurance Company. In Maryland, by Aetna Health Inc., 151 Farmington Avenue, Hartford, CT 06156. Each insurer has sole financial responsibility for its own products._
A natural health boost
Savings on massage and more

Natural therapy services
You can try these services*** at a discount.
• Ease your stress and tension with massage therapy.
• Heal pain or stress points with acupuncture.
• Relieve neck and back pain with chiropractic care.
• Get advice from registered dietitians with nutrition services.
It’s easy: You can find program professionals at aetna.com. Just bring your Aetna® ID card to your visit.

Natural products, too
You can also order healthy items you use every day, like over-the-counter vitamins and yoga equipment.
Plus, aromatherapy, natural body care products and herbal and nutritional supplements.

At-home products
Save on blood pressure monitors, pedometers and activity trackers, electrotherapy TENS units (devices for pain relief), and many other Omron® products.

Ready to browse and buy? Just log in to your member website at aetna.com for easy ordering instructions.

Hearing your world better
Savings on hearing aids and exams

You have options

With Hearing Care Solutions, you get:
• Discounts on a large choice of hearing aids
• A three-year supply of batteries, then you can join a discount battery mail-order program
• Free in-office service of hearing aids for one year
• Free routine cleanings and battery door replacements for one year after purchase from the original provider

With Amplifon Hearing Health Care, you get:
• Discounts on many styles of hearing aids, including programmable and digital hearing aids from leading makers
• Savings on hearing exams and hearing aid repairs
• Free follow-up services for one full year
• A two-year supply of batteries

***Through the ChooseHealthy® program, which is made available through American Specialty Health Administrators, Inc., a subsidiary of American Specialty Health Incorporated (ASH). ChooseHealthy is a federally registered trademark of ASH and used with permission herein.
How to get started

Once you’re an Aetna member, just log in to your member website at aetna.com.

It’s the place to take care of your benefits. Your place to save, too.

You can:

• Find a vision, hearing or natural therapy professional
• Sign up for a weight-loss program
• Buy health products
• Find a gym, and more

Help for those who speak another language and for the hearing impaired

If you require language assistance, please call the Member Services number on your member ID card, and a representative will connect you with an interpreter. You can also get interpretation assistance for utilization management issues or for registering a complaint or appeal. If you’re deaf or hard of hearing, use your TTY and dial 711 for the Telecommunications Relay Service. Once connected, please enter or provide the telephone number you’re calling.

Ayuda para las personas que hablan otro idioma y para personas con impedimentos auditivos

Si usted necesita asistencia lingüística, llame al número de Servicios al Miembro que figura en su tarjeta de identificación de miembro, y un representante le conectará con un intérprete. También puede recibir asistencia de interpretación para asuntos de administración de la utilización o para registrar una queja o apelación. Si usted es sordo o tiene problemas de audición, use su TTY y marcar 711 para el Servicio de Retransmisión de Telecomunicaciones (TRS). Una vez conectado, entrar o proporcionar el número de teléfono que está llamando.

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