Drugs requiring step therapy

2020 High Performance Generic Step Therapy for Aetna Standard Plan and Advanced Control Plan
The drugs on this list require step therapy. If you have a medical need for one of these drugs, your doctor can ask for an exception.

### Brand Medications Requiring Use of Generics First

You can save money by using safe, effective generic medications when possible. According to your prescription benefit plan, you may have to try one or two generic medication(s) first* before certain brand-name medications will be covered. The chart below shows you which drugs require the use of generics first. This chart only provides a sample list of generic drug options and may not include all drugs available.

<table>
<thead>
<tr>
<th>Key</th>
</tr>
</thead>
<tbody>
<tr>
<td>UPPERCASE</td>
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<tr>
<td>lowercase italics</td>
</tr>
</tbody>
</table>

### High Performance Generic Step Therapy for Aetna Standard Plan and Advanced Control Plan

#### Drug class

<table>
<thead>
<tr>
<th>Condition treated**</th>
</tr>
</thead>
<tbody>
<tr>
<td>High Blood Pressure</td>
</tr>
<tr>
<td>Acne/Topical Skin</td>
</tr>
</tbody>
</table>

#### Step 1:

You will have to try one or two* of these generic medications first:

- **ACE Inhibitors/Angiotensin II Receptor Antagonists (ARBs)/Direct Renin Inhibitors/Combinations***
  - amlodipine-benazepril
  - benazepril/HCTZ
candesartan/candesartan HCTZ
captopril/captopril HCTZ
candesartan/candesartan HCTZ
dapsone/erythromycin solution

dapsone/erythromycin solution

dapsone/erythromycin solution

#### Step 2:

Before you can try one of these brand drugs:

- **ACE Inhibitors/Angiotensin II Receptor Antagonists (ARBs)/Direct Renin Inhibitors/Combinations***
  - losartan/losartan HCTZ
  - olmesartan/olmesartan HCTZ
  - quinapril/quinapril HCTZ
  - ramipril/ramipril HCTZ
  - telmisartan/telmisartan HCTZ
  - trandolapril/trandolapril-verifyamif ext-rel
  - valsartan/valsartan HCTZ

**Please note: A plan member’s Plan determines whether the member must try one or two generics before a brand-name drug is allowed in select drug classes.**

**This list indicates the common uses for which the drug is prescribed. Some medicines are prescribed for more than one condition. Brand-name drugs not listed here may be covered by your plan without the use of a generic first. Information provided here is not a substitute for medical advice or treatment.**

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Updated 07/2020
**Drug class**

**Condition treated**

<table>
<thead>
<tr>
<th>Step 1: You will have to try one or two* of these generic medications first:</th>
<th>Step 2: Before you can try one of these brand drugs:</th>
<th>These preferred select brand drugs do not require use of a generic first:</th>
</tr>
</thead>
</table>
| **Antipsychotics**  
*Mental Health* | aripiprazole  
clozapine  
olanzapine palperidone ext-rel  
quetiapine/quetiapine ext-rel  
risperidone ziprasidone | ADASUVE  
LATUDA  
REXULTI  
SAPHRIS  
VRAYLAR | Preferred select brand not available in class |
| **Benign Prostatic Hyperplasia-Alpha Blockers**  
*Prostate* | alfuzosin ext-rel  
doxazosin  
dutasteride  
dutasteride-tamsulosin  
finasteride silodosin tamulosin terazosin | CARDURA XL | Preferred select brand not available in class |
| **Bisphosphonates/Combinations**  
*Osteoporosis* | alendronate  
ibandronate  
risedronate | BINOSTO  
FOSAMAX PLUS D | Preferred select brand not available in class |
| **COX-2 Inhibitors/Nonsteroidal Anti-Inflammatory (NSAIDs)/Combinations**  
*Pain and Inflammation* | celecoxib  
diclofenac sodium/ misoprostol fenoprofen  
ibuprofen meloxic naproxen tabs | FLECTOR  
TIVORBEX  
VIVLODEX  
ZIPSOR | Preferred select brand not available in class |
| **Fibrates**  
*High Triglycerides* | fenofibrate  
fenofibric acid delayed-rel gemfibrozil | TRIGLIDE | Preferred select brand not available in class |
| **Prostaglandin Analogues and Combinations**  
*Glaucoma* | latanoprost  
travoprost | ROCKLATAN  
VYZULTA  
XELPROS  
ZIOPTAN | Preferred select brand not available in class |
| **Proton Pump Inhibitors (PPIs)**  
*Stomach Acid* | esomeprazole  
lansoprazole delayed-rel  
omeprazole delayed-rel  
pantoprazole delayed-rel  
rabeprazole | DEXILANT  
PRILOSEC PACKETS | Preferred select brand not available in class |
| **Selective Serotonin Agonists/Combinations**  
*Migraine* | almotriptan  
eletriptan  
frovatriptan  
naratriptan  
rizatriptan  
sumatriptan  
zolmitriptan | ONZETRA XSAIL  
ZEMBRACE  
SYMTOUCH | Preferred select brand not available in class |
| **Serotonin Norepinephrine Reuptake Inhibitors (SNRIs)**  
*Depression* | desvenlafaxine ext-rel  
duloxetine delayed-rel  
venlafaxine/venlafaxine ext-rel | FETZIMA | Preferred select brand not available in class |
| **Selective Serotonin Reuptake Inhibitors (SSRIs)**  
*Depression* | citalopram  
escitalopram  
fluoxetine (except fluoxetine 60 mg tablet)  
fluvoxamine/fluvoxamine ext-rel  
paroxetine HCl/paroxetine HCl ext-rel  
sertraline | PEXEVA  
TRINTELLIX  
VIIBRYD | Preferred select brand not available in class |

*Updated 07/2020*
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<td><strong>Sleeping Agents</strong></td>
<td><strong>Insomnia/Sleep Problems</strong></td>
<td>doxepin tabs&lt;br&gt;eszopiclone&lt;br&gt;ramelteon&lt;br&gt;zaleplon</td>
<td>zolpidem/zolpidem ext rel/zolpidem sublingual</td>
<td>BELSOMRA&lt;br&gt;EDLUAR</td>
</tr>
<tr>
<td><strong>Urinary Antispasmodics</strong></td>
<td><strong>Overactive Bladder/Incontinence</strong></td>
<td>darifenacin ext-rel&lt;br&gt;oxybutynin/oxybutynin ext-rel&lt;br&gt;tolterodine/tolterodine ext-rel&lt;br&gt;trospium/trospium ext-rel</td>
<td></td>
<td>GELNIQUE&lt;br&gt;MYRBETRIQ</td>
</tr>
</tbody>
</table>

Updated 07/2020

This is not an inclusive list.

Products may be subject to plan-specific copayment or coinsurance. Some prescription benefit plan designs may not cover certain categories, regardless of their appearance in this document.

Information is believed to be accurate as of the production date; however, it is subject to change.

To check coverage and copay information for a specific medicine, log into your member website. For questions, please call the toll free number on your member ID card.