

Virtual care that makes healthier possible

Start using your Teladoc Health benefits.



24/7 Care

Need care for non-urgent and common conditions? Get care by phone or video 24/7 from wherever you are. Teladoc Health providers diagnose, treat and even prescribe medicine if needed.

\$58 or less/visit

- UVA PPO, Choice and UVA OOA PPO members : \$0
- Health Savings: \$58 until deductible is met, then \$0

Mental Health

Have real conversations and see real progress with a therapist of your choice. Available 7 days a week from the privacy of your own home.

Therapy \$90 or less/visit

Psychiatry \$215 or less/first visit

Psychiatry \$100 or less/ongoing visits

- UVA PPO: \$40
- UVA OOA PPO: \$25
- Choice: Full visit fee until deductible is met, then 15% coinsurance
- Health Savings: Full visit fee until deductible is met, then 20% coinsurance

Dermatology

Dealing with a rash, acne, eczema or another skin issue? Start an online skin review with a dermatologist by uploading images and details of your concern. Get a treatment plan and prescription if needed in 24 hours or less.

\$85 or less/online review

- UVA PPO: \$80
- UVA OOA PPO: \$50
- Choice: \$85 until deductible is met, then 15% coinsurance
- Health Savings: \$85 until deductible is met, then 20% coinsurance

Coming soon

Available 1/1/2026

Primary Care

Manage your overall health—body and mind—with a U.S. board-certified primary care provider and care team. Routine checkups, specialist referrals and first-time visits are easy to schedule.

Primary Care Wellness Visits

- UVA PPO, Choice, UVA OOA PPO, and Health Savings: \$0

Other Primary Care Visits

- UVA PPO, Choice and UVA OOA PPO: \$0
- Health Savings: \$145 for first visit (if non-wellness) and \$85 for subsequent visits until deductible is met, then \$0

Set up your account or log in to schedule a visit.

Visit TeladocHealth.com/Aetna

Call 1-855-835-2362 | Download the app  | 