



What is glaucoma?

Glaucoma is a group of eye disorders that cause gradual damage to the over 1 million nerve fibers in the optic nerve that send images from the eye to the brain.

What are the symptoms?

Damage to the optic nerve can be so gradual that symptoms go unnoticed. Be wary of any loss to peripheral vision which can mean that the condition is worsening.

How is glaucoma diagnosed?

Primary open angle glaucoma is the most common form of this disease and is associated with increased eye pressure, which can slowly damage the optic nerve.

Other forms of glaucoma can occur in the presence of normal eye pressure and show little to no symptoms, making your annual eye exam essential in helping you maintain healthy vision.

How to treat and prevent glaucoma

Minimize your chances of being diagnosed with glaucoma by controlling your blood pressure and weight through diet and exercise in addition to scheduling an annual eye exam. Several medications, including eye drops and pills treat glaucoma by reducing pressure in the eye. If the medicine does not sufficiently lower pressure, surgery may be the answer.

Time for your annual eye exam?

Visit davisvision.com/member to see your benefits, check your eligibility, and locate a provider near you to set up your appointment.