



We've got
you covered

Services requiring precertification*/authorization Behavioral health precertification list

Behavioral health services requiring precertification/authorization**

This requirement applies only to services covered under the member's benefits plan, including:

- Inpatient admissions
- Residential treatment center (RTC) admissions
- Partial hospitalization programs (PHPs)
- Applied behavior analysis (ABA)
- Transcranial magnetic stimulation (TMS)

*The term precertification means the utilization review process to determine whether the requested service or procedure meets the company's clinical criteria for coverage. It does not mean precertification as defined by Texas law as a reliable representation of payment of care or services to fully insured health maintenance organization (HMO) and preferred provider organization (PPO) members.

**Precertification requirements apply unless state law expressly dictates otherwise. Effective January 1, 2019, the following services no longer require precertification/authorization: outpatient detoxification (ambulatory withdrawal management), psychological/neuropsychological testing and intensive outpatient.

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How to request precertification/authorization

Mental health, substance abuse or behavioral health services require precertification/authorization. You must submit an electronic precertification request on our secure provider website on NaviNet® at **connect.navinet.net**.

Or you can choose any other website that allows precertification requests from our list at **aetna.com/provider/vendor**.

You can also inquire electronically on previously submitted requests.

For more information about precertification, go to **aetnaelectronicprecert.com**.

Applies to*: Aetna Choice® POS, Aetna Choice POS II, Aetna Health Network OnlySM, Aetna Health Network OptionSM, Aetna HealthFund®, Aetna MedicareSM Plan (HMO), Aetna MedicareSM Plan (PPO), Aetna Open Access® Elect Choice®, Aetna Open Access HMO, Aetna Open Access Managed Choice®, Aetna SelectSM, Choose and SaveSM, Elect Choice, HMO, Managed Choice POS, Open Access Aetna SelectSM, Open Choice®, Quality Point-of-Service® (QPOS®), Savings Plus and Traditional Choice® benefits plans, as well as to all products that may include the Aexcel® networks and include the designation Aexcel or Aexcel Plus.**

*Not all plans are offered in all service areas. Aetna Choice POS, Aetna Choice POS II, Aetna HealthFund Managed Choice, Aetna HealthFund PPO, Aetna Medicare, Aetna Open Access Managed Choice, Aexcel and QPOS benefits plans may include the option for members to elect to go outside the network and receive reduced benefits.

**Aexcel is not available with HMO plans. Aexcel designation is only a guide to choosing a physician. Members should confer with their existing physicians before making a decision. Designations have the risk of error and should not be the sole basis for selecting a doctor.

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