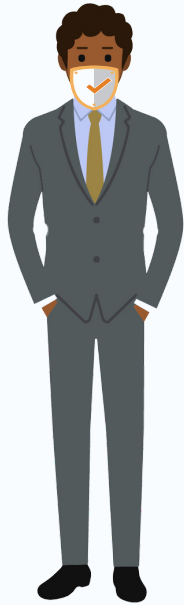


EMPLOYEES: HOW TO SPEAK UP

Reminding Others to Wear a Mask



1

Set an Example

- Wear a mask properly to reinforce this behavior in others
- Say "Thank you" to others who wear masks



2

Pause to Think

- Be aware of your judgment
- Don't speak out in anger or frustration
- Consider alternative perspectives and situations



3

Communicate Care

- Begin a conversation by conveying your care for the person
- Clarify your intentions for the conversation



4

Understand Limits

- Accept that you can only control your own behavior
- Set boundaries to keep yourself safe - like backing away from someone too close
- Report concerns to your leader or AskHR@virginia.edu